

# COVID-19 Booster Dose Fact Sheet



## Why?

Booster doses are the best way to maintain protection against COVID-19. They are important for boosting immunity that may have decreased over time.



## Who?

All people **ages 12 and older**.



## When?

At least **5 months** after the **Pfizer** or **Moderna two-dose series**.

At least **2 months** after **Johnson & Johnson**.



## Where?

Available through healthcare providers, clinics, and pharmacies. Visit [santacruzhealth.org/coronavirusvaccine](https://santacruzhealth.org/coronavirusvaccine), [MyTurn.ca.gov](https://MyTurn.ca.gov), or call 833-422-4255 for scheduling.



**People ages 18 and older may choose which vaccine they receive as a booster.**

*\*The CDC recommends mRNA vaccines (Pfizer or Moderna) over Johnson & Johnson based on vaccine effectiveness and safety.*

**Only Pfizer is approved for individuals ages 12-17.**