I am young and healthy. Do I need to get vaccinated?
Yes. The COVID-19 vaccine is an important tool to help stop the pandemic. COVID-19 vaccines help protect people from getting sick or severely ill with COVID-19. Getting vaccinated may also protect the people around you, including people at increased risk for severe illness.

I have already had COVID-19 and recovered. Should I get a COVID-19 vaccine?
Yes. Although rare, it is possible for you to be infected with the virus again.

I have have not had COVID-19. Can I get a COVID-19 vaccine?
Yes. The COVID-19 vaccine helps protect you by creating an immune response without having to experience sickness.

Are vaccines safe for youth ages 12-15?
Clinical trials of the Pfizer COVID-19 vaccine were found to be safe and effective in protecting against severe illness, hospitalization, and death in youth ages 12-15. The Food and Drug Administration (FDA) has authorized use of the Pfizer vaccine for this age group. State and national safety advisory committees have also concluded the vaccine is safe and effective for people ages 12 years and older.

Do the COVID-19 vaccines contain fetal cells?
No fetal cells were used to manufacture the Pfizer or Moderna vaccine, and they are not inside the shot. The Johnson & Johnson vaccine uses cells that grow in a laboratory to manufacture the vaccine. None of the COVID-19 vaccines use fetal cells taken from a recent abortion, nor do they contain any tissue from a fetus. If you are 18 years old or older, you can choose which vaccine to receive. Talk to your healthcare provider to determine which vaccine is right for you.
Can I get vaccinated if I am pregnant?
Yes. If you are pregnant, you can receive a COVID-19 vaccine. Pregnant individuals were not included in clinical trials, so safety data is limited for this group of people. Safety monitoring systems have not identified any safety concerns for pregnant people who have been vaccinated or their babies. Talking with your healthcare provider will help you to make an informed decision about getting vaccinated.

Can I get vaccinated if I want to have a baby in the future?
Yes. COVID-19 vaccines have not been linked to infertility or miscarriage. If you are trying to become pregnant, you do not need to avoid pregnancy after receiving a COVID-19 vaccine.

If I am breastfeeding, can I get a COVID-19 vaccine?
Yes. Reports have shown that breastfeeding people who received either the Pfizer or Moderna vaccine have antibodies in their breastmilk, which could help protect their babies. Breastfeeding individuals were not included in clinical trials, so safety data is limited for this group of people. If you have questions about getting vaccinated, talk to your healthcare provider.

For help finding a nearby vaccine appointment, you can:
- Check https://myturn.ca.gov or call (833) 422-4255
- Go to VaccineFinder.org
- Check with your local healthcare provider or local pharmacy

santacruzhealth.org/coronavirusvaccine