Grief, Loss and Sudden Infant Death Syndrome (SIDS)*Resource List

First Candle
https://firstcandle.org/
Online support groups: https://firstcandle.org/online-support-groups/#top

GriefNet
http://www.griefnet.org/
Online support. For more information visit them on the web.

Hand of the Bay Area (Web-based materials and one-one peer support available in Spanish).
https://handsupport.org/
Grief support meetings held in Santa Cruz.
For information call: 831-438-4513

Hospice of Santa Cruz County (Services Available in English/ Spanish)
https://www.hospicesantacruz.org/grief-support/
Offers grief support for adults, youth, and families.
Call: 831-430-3000 or email griefsupport@hospicesantacruz.org

Jacob’s Heart
https://www.jacobsheart.org/
Individual and group counseling services.
Call: 831-724-9100

SHARE (Services Available in English/ Spanish)
http://nationalshare.org/
Pregnancy and infant loss support.
Phone: (800) 821-6819 or Email: info@nationalshare.org

SIDS Alliance of Northern California (First Candle /SIDS Alliance Affiliate)
Facebook groups available. No in-person support groups.
For more info, email to: info@sidsnc.org

SIDS America
http://www.sidsamerica.org/
Faith-based support/resources for bereaved parents of SIDS infants.

*Individuals and organizations listed here are provided for informational purposes only. We hope that this list will help to facilitate connection to supportive services. The County of Santa Cruz does not endorse or guarantee the quality of services of these listed individuals or organizations.
SIDS Network (Translation on web- Spanish, French, German, Italian, & Portuguese)
http://www.sids-network.org/
   Information on SIDS, SIDs research, and SIDS resources.

Star Legacy Foundation
https://starlegacyfoundation.org/
   Information, peer support and online support groups for families experiencing pregnancy loss, stillbirth, or pregnancy after a loss.
   952.715.7731; ext. 1

The Compassionate Friends of Santa Cruz County
http://www.tcfsantacruz.com/
   Offers in-person and virtual support groups. Call for more latest information.
   Phone: 831-332-9893 E-mail: tcfsantacruz@gmail.com
   Facebook: www.facebook.com/TCFUSA

Twin Lakes Church
http://www.tlc.org/
   Faith-based grief support groups.
   Phone: (831) 465-3368 or Email for grief support: Care@tlc.org

Funeral Services and Support

Aeron’s Foundation (Services Available in English/ Spanish)
https://www.aeronsfoundation.org/
   A nonprofit organization to help SIDS parent by funding funeral costs for newly bereaved families, and for promoting SIDS awareness.

Ave Maria Memorial Chapel
www.avemariamemorialchapel.com
   Contact to verify services meet your needs. Phone: 724-4751

Benito and Azzaro
https://pacificgardenschapel.com/
   Specializing in services for child loss. Contact to verify services meet your needs.
   Phone: (831) 515-6661

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Mehl’s Colonial Chapel
www.mehlschapel.com
Contact to verify services meet your needs. Phone: 724-6371

Oakwood Memorial Chapel
www.scmemorial.com
Contact to verify services meet your needs. Phone: 475-2464

Santa Cruz Memorial
http://www.scmemorial.com/
Memorial planning and grief resources. Contact to verify services meet your needs.
Phone: (831) 426-1601 (For Spanish call: 831-588-5389) or Email: info@scmemorial.com

Santa Cruz Watsonville Cremation and Burial Services
https://cremationsantacruz.com/?_vsrefdom=gmb
Specializing in services for child loss. Contact to verify services meet your needs.
Phone: (831) 200-8428

Tulip
https://www.tulipcremation.com/
Cremation services. Contact to verify services meets your needs.
Phone: (844) 942-4909

Helplines

Postpartum Support International (Available in English/ Spanish)
www.postpartum.net
Online support groups, 24/7 warmline, and online listing of counseling providers who specialize in maternal wellness.
Call: 1-800-944 4773
Text: 503- 894- 9453 (Eng.) Text: 971- 420-0294 (Span)

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