

National Preparedness Month

Disasters Don't Wait

Make Your Plan Today

September 2020

County of Santa Cruz Public Health Division

Week
1

COVID-19 & Flu Season



It takes a whole community to **Slow the Spread** of COVID-19. Santa Cruz County Public Health encourages you to take personal actions everyday by following these steps:

- Practice social distancing
- Wash your hands
- Wear a face covering
- Keep non-household gatherings brief and outdoors

Week
2

Wildfires & Other Disasters

Prepare for long-term social distancing by gathering emergency supplies. Go-Kits should include cleaning supplies, non-perishable foods, first aid supplies, face covering, hand sanitizer, and one gallon of water for at least three days.

Set aside supplies in case you must evacuate to your safe location in a hurry!



Week
3

Safety During Power Shutoffs



When there is severe weather that could spark a wildfire, PG&E may temporarily shut off power in the local area. PG&E has created resources to be ready for power outages during wildfire season.

[Sign-up for PSPS Alerts](#) | [Preparing for a Power Outage](#)

Week
4

Teach Youth About Preparedness

It's never too early to teach young people about preparedness. FEMA has created a variety of interactive resources for kids, teens, families, and educators to help feel more comfortable in an emergency situation.

Resources for [Kids](#) | [Educators](#)



Public Health
Prevent. Promote. Protect.
Santa Cruz County

For additional information visit:

- [FEMA National Preparedness Month 2020](#)
- [Santa Cruz County COVID-19](#)
- [72 Hour Ready Emergency Preparedness](#)
- Follow on Facebook Page @PublicHealthSCC