

YOUTH RIGHTS

In California, youth - age 12 and older^[1] - have the **right to:**

Pregnancy testing

Pregnancy options counseling

Birth control, including emergency contraception

Abortion services

Prenatal care

Testing and treatment for STIs, including HIV

Pills to prevent HIV

Alcohol and other drug counseling

Mental health counseling

Excuse themselves from school for these type of appointments^[2]



ALL WITHOUT NEEDING PERMISSION FROM A PARENT OR GUARDIAN AND WITHOUT THEM BEING NOTIFIED. It's California law!^[3]

Free or low cost services available. Scan the QR to find health care near you.



Questions about getting confidential health care?

Call/Text 831-400-6667 and ask for Teen Health Outreach.

[1] Age 10 and older for youth in foster care. Senate Bill 89.

[2] To be confidentiality excused for health care, talk to your school's office.

[3] Visit teenhealthrights.org to learn more California Minor Consent and Confidentiality Laws.



PUBLIC HEALTH
HEALTH SERVICES AGENCY