

## Planned Parenthood Watsonville

(Santa Cruz Location Closed)

398 S. Green Valley Rd.  
Watsonville  
831-724-7525  
M-F: 8:30 AM to 5 PM

Bus Routes: 72, 72W,  
74S, 75, Exit on  
S. Green Valley Rd. &  
Pennsylvania Dr.

### Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

### Care & Services

- HPV Vaccine
- Medication Abortion\*
- Pregnancy Testing
- PrEP/PEP
- STI/HIV Testing & Treatment

\*up to first three months of pregnancy

### Supportive Clinic Features

- Same Day Appt
- Same Day Birth Control
- LGBTQ+ Friendly
- Tele-Health
- Text Reminders
- Walk-Ins Welcome
- Spanish Speaking

## Watsonville Health Center

1430 Freedom Blvd  
Ste D, Watsonville,  
831-763-8400

M-Th: 7:30 AM to 6:30 PM  
F: 7:30 AM to 5 PM

Bus Route: 1, Exit on  
Freedom Blvd &  
Crestview Dr.

### Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

### Care & Services

- HPV & MPox Vaccine
- Medication Abortion\*
- Pregnancy Options Counseling
- Pregnancy Testing
- PrEP/PEP
- STI/HIV Testing & Treatment
- Alcohol and Other Drug Counseling
- Mental Health Services

\*up to first three months of pregnancy

### Supportive Clinic Features

- Calls your phone
- Texts your phone
- Same Day Appt
- Walk-Ins Welcome
- Spanish Speaking

## Types of Birth Control



**Pill:**  
A pill taken daily.



**IUD:**  
Inserted by a medical provider.  
Effective for 3-10 years.



**Shot:**  
A shot someone gets every 3 months  
by a medical provider.



**Implant:**  
Inserted by a medical provider in the arm.  
Effective for up to 3 years.



**Ring:**  
A plastic ring someone will insert into  
the vagina and replace monthly.



**Patch:**  
A sticker someone wears on their skin  
that is replaced weekly.



**External/Internal Condom:**  
A barrier someone wears.  
(Prevents pregnancy & STIs)

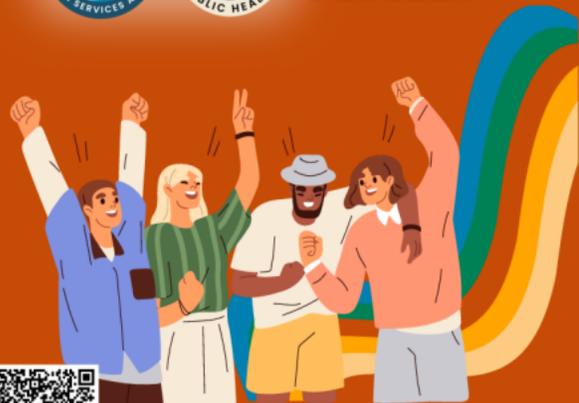


**Emergency Contraception:**  
A pill someone can take 0-5 days after  
unprotected sex to prevent pregnancy.  
(condom breaks, missed birth control pill, etc.)

# Confidential Services For Teens, Youth, & Young Adults Watsonville Area 2025-2026



Teen Health  
Outreach



teenhealthoutreach@santacruzcountyca.gov  
santacruzhealth.org

## Youth Rights

In California, youth age 12 and older <sup>[1]</sup> have the right to the following confidential services:

- Abortion services (medications & procedures)
- Birth control
- Emergency contraception
- Medications to prevent HIV (PrEP/PEP)
- Pregnancy testing
- Pregnancy options counseling
- Prenatal care
- Testing and treatment for STIs, including HIV
- Sexual assault care <sup>[2]</sup>
- Alcohol or other drugs counseling
- Mental health counseling

<sup>[2]</sup> This may require mandated reporting. For support, contact Monarch Services 24-Hour Line: 1-888-900-4232

Youth can get these services without needing permission from their parents/guardians **AND** without parents/guardians being notified. Youth can excuse themselves from school for these visits. **IT'S CALIFORNIA LAW** <sup>[3]</sup>

**For free or low cost services ask:**

I'm calling to receive confidential services, do you offer Fam-PACT?

<sup>[1]</sup> Age 10 and older for youth in foster care. Senate Bill 89.

<sup>[3]</sup> [teenhealthlaw.org](http://teenhealthlaw.org)

## Salud Para La Gente Clínica Del Valle Del Pajaro

45 Nielson St.,  
Watsonville  
831-728-0222

M-Th: 8 AM to 7 PM  
F: 8 AM to 5 PM

Bus Routes: 1, 74S, 78,  
Exit on Nielson &  
Airport Blvd.

### Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

### Care & Services

- HPV Vaccine
- Medication Abortion\*
- Pregnancy Options Counseling
- Pregnancy Testing
- Prenatal Care
- PrEP/PEP
- STI/HIV Testing & Treatment
- Alcohol and Other Drug Counseling
- Mental Health Services

\*up to first three months of pregnancy

### Supportive Clinic Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same Day Appt
- Walk-Ins Welcome
- Texts your phone
- Spanish Speaking

## Salud Para La Gente East Beach Clinic

204 East Beach St.  
Watsonville  
831-728-0222

M-F: 8 AM to 7 PM  
Sat: 8 AM to 5 PM, Sun: 8:30 AM to 12:30 PM

Bus Routes: 1, 79,  
Exit on E Beach &  
Marchant

### Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

### Care & Services

- HPV Vaccine
- Medication Abortion\*
- Pregnancy Options Counseling
- Pregnancy Testing
- Prenatal Care
- PrEP/PEP
- STI/HIV Testing & Treatment
- Alcohol and Other Drug Counseling
- Mental Health Services

\*up to first three months of pregnancy

### Supportive Clinic Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same Day Appt
- Teen Entrance
- Walk-Ins Welcome
- Texts your phone
- Spanish Speaking

## Salud Para La Gente Salud Teen Mobile

45 Nielson St.,  
Watsonville  
831-728-0222

**At Aptos High**  
**At Watsonville High**  
**At Pajaro Valley High**  
By Appointment Only



### Care & Services

- Birth Control Prescriptions & Referrals
- HPV Vaccine
- Medication Abortion\*
- Pregnancy Testing
- PrEP/PEP
- STI/HIV Testing & Treatment
- Annual Physicals (not a confidential service)

\*up to first three months of pregnancy

### Supportive Clinic Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same Day Appt
- Teen Entrance
- Text Reminders
- Spanish Speaking