



## Protocol 700-E2: Cold Exposure/Hypothermia

Revision 5/22/18  
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### BLS Treatment

- ❖ Treat life threats. (See Procedure 701 *Life Threats*)
- ❖ CPR per current County guidelines. Minimize delays and interruptions
- ❖ Implement warming measures but avoid aggressive external rewarming for pulseless patients.
- ❖ Prepare for transport/transfer of care.

### ALS Treatment

- ❖ Moderate Hypothermia to Severe Hypothermia
  - Treat life threats. (See Procedure 701 *Life Threats*)
  - Obtain 12 lead ECG (See Procedure 706, *12 Lead ECG Procedure*)
  - Avoid TCP for Bradycardia
  - Continue warming measures.
    - Tape heat packs around coiled IV tubing
- ❖ Transport.
- ❖ Contact Base Station.

### Special Considerations

- ❖ If patient is pulseless, consider a single counter shock at 360J and a single round of drugs. Do not repeat. Generally, avoid IV medications (excluding warmed saline) when in severe hypothermia.
- ❖ Avoid rough movement and excess activity. Stimulation of the patient could significantly cause deterioration of vital signs.

