

# Healthiest Nation 2030

Let's make America the healthiest nation in one generation.



Americans are living 20 years longer than their grandparents' generation – thanks largely to the work of public health. Still, people in many other high income countries live longer and suffer fewer health issues than we do.



April 4 – 10, 2016

That's why APHA has created Generation Public Health.

We are a growing movement of people, communities and organizations. Our goal is to create the healthiest nation in one generation. To get there we have to ensure conditions that give everyone the opportunity to be healthy. It's not enough to provide access to quality health care. We also need to build safe, healthy communities with a foundation of social justice for all. We must help all Americans achieve at least a high school education, better ensure the opportunity to earn a livable wage and improve access to safe, healthy food. We must protect our environment because what happens upstream to our environment at work, school and home affects our health downstream.

**Join us in celebrating National Public Health Week 2016,  
and become part of Generation Public Health!**

We'll share simple steps to help you improve your health and the health of your community.  
We'll join together to advance policies that promote health throughout our society.

# Get involved in National Public Health Week 2016:

- Sign our pledge to create the healthiest nation at [www.apha.org/2030](http://www.apha.org/2030).
- Become a NPHW partner by signing up at [www.nphw.org](http://www.nphw.org) and linking to the site.
- Download materials and find out more about this year's daily themes at [www.nphw.org](http://www.nphw.org).
- Attend and promote APHA events.
- Host your own event.

The **American Public Health Association** champions the health of all people and all communities. We are the only organization that influences federal policy, has a 140-plus year perspective and brings together members from all fields of public health.

Learn more at [www.apha.org](http://www.apha.org).