Santa Cruz County Veteran Advocate
Travis Deyoung

Able to meet veterans where they are in the community. Assist any veteran with any need.

Phone: 831-588-0589
Santa Cruz County
Veteran Services Office

Address:
842 Front St,
Santa Cruz
Next the post office downtown

Hours:
Monday – Thursday
8-12 & 1-5
WATSONVILLE OFFICE
18 W Beach St,
Watsonville, CA 95076

Monday – Thursday
By appointment only
A Holistic Approach To Wellbeing
WHAT IS HOLISTIC HEALING?

The 8 Pillars Of Holistic Healing
Assisting all Veterans

• Any period of service
• Any type of discharge
• Any length of service
• Any veteran for any need
VETERAN SERVICE DAY AT THE VETERANS MEMORIAL BUILDING

EVERY WEDNESDAY (9AM-3PM)

846 FRONT ST, SANTA CRUZ, CA
NEXT THE POST OFFICE DOWNTOWN.
VETERAN SERVICE DAY AT THE VETERANS MEMORIAL BUILDING

- WALK IN HOURS AT VETERAN SERVICES OFFICE
- VA MEDICAL OUTREACH TEAM
- HOUSING RESOURCE GROUP
- SUBSTANCE USE DISORDER GROUP
- HOT LUNCH AND FOOD PANTRY
- EMPLOYMENT SERVICES
Employment Services for Veterans

Employment Development Department (EDD)

Veterans Rehabilitation Services Inc. (VRSI)
Housing Programs in Santa Cruz

Supportive Services for Veterans and Families- SSVF (case management, financial assistance)

Paget House (60-90 Emergency housing)
Housing Programs in Santa Cruz

HUDVASH (Sect 8 voucher for veterans)

Veterans Transition Center
(transitional housing up to 2 years)
Branches of the VA

- Benefits (Monetary benefits)
- Healthcare
- Vet Centers (Readjustment counseling for combat veterans and MST victims)
- Cemeteries
VA Benefits
(monetary benefits)

VA Disability

NSC Pension

VA Education Benefits

Survivors Benefits
Basic Eligibility

- Honorable & General Discharge type
- Duty requirement:
  Before September 7, 1980 – 90 days
  After September 7, 1980 - 24 months
- Title 10 (Reservist/National Guardsmen called to active duty by Federal Executive Order)
VA Healthcare

Palo Alto (main hospital)
-3801 Miranda Ave, Palo Alto

Capitola Clinic
-1350 41st Ave, Suite 102, Capitola

Monterey Clinic
-201 9th Street, Seaside

San Jose Clinic
-80 Great Oaks Blvd

VA Healthcare Outreach team is available every Wednesday at the Veterans Memorial Hall in Santa Cruz
Mental Health Programs – VA Palo Alto

Inpatient Mental Health Care

• Acute Psych Care - Bldg MB520 (5150 and Detox)
  • Hospitalization with pathways to residential programs
• Men’s Trauma Recovery Program (PTSD, MST)
  • Residential program up to 6 months
• Woman’s Trauma Recovery Program
  • Residential program up to 6 months
Mental Health Programs – VA Palo Alto

Outpatient Mental Health Care

• Psychiatric and psychological counseling
  • At the VA and through community care options
• Treatment for co-occurring disorders
• PTSD Intensive Outpatient program
• Peer Support programs
• Women’s Counseling Center
Substance Abuse Treatment Programs
Inpatient/outpatient

• Addiction Treatment Services (ATS)
• Intensive Outpatient services
• Foundation of Recovery (FOR) – 28 day
• First Step – 90 Day
• VA contracts for residential care-
  • The Camp in Scotts Valley
Traumatic Brain Injury (TBI)

• Poly Trauma Rehabilitation Program (PTRP)
  • Acute – Residential- Outpatient

• Spinal Cord Injury / Disorder Unit (SCI/D)
  • Spinal Cord, MS, ALS, CVA,
Mental Health Programs – VA Palo Alto

Compensated Work Therapy

• Compensated Work Therapy

• The CWT Program provides job development and counseling services to Veterans with a wide range of barriers to employment, which may include medical and/or mental health disorders, homelessness, and any combination thereof.
Mental Health Programs – VA Palo Alto

• Homeless Veterans Rehabilitation Program (HVRP)
  • 6-month residential program aimed at providing homeless veterans the skills necessary to function self-sufficiently in society. Residents attend training classes, participate in therapy and support groups, and attend community meetings.
VET CENTER

• Counseling services for combat veterans, Military Sexual Trauma (MST) survivors, and bereavement

• 1350 41st Ave., Suite 102, Capitola, CA 95010
Veterans Court

- Specialty court for Veterans who suffer from mental health conditions related to their service
- Veterans follow a treatment plan for 12 to 18 months
- Benefits can include dismissal of misdemeanor charges, reduction in fines, early termination of probation
Vets 4 Vets Santa Cruz
Vets 4 Vets Santa Cruz

Events- bowling tournaments, member meetings, chili cook off, documentary showings with panel discussions, Art Events, etc.

Emergency Assistance funds- food, clothing, transportation, etc.

Volunteer coordination- home repairs, rides, moving assistance, home visits, etc.
Veteran Suicide Prevention Services

The suicide rate for Veterans is 1.5 times higher than that of the general population. Comparing the rate among women Veterans to non-Veteran adult women, the rate is 2.5 times higher.

Veterans who misuse drugs or alcohol are more than twice as likely to die by suicide than other Veterans.
Among U.S. adults who died from suicide in 2020, firearms were more commonly involved among Veterans (71.0%) than non-Veterans (50.3%).

Of the on average 16.8 Veteran suicides per day in 2020, approximately 39.7% (6.7 per day) were among Recent Veteran VHA Users and 60.3% (10.1 per day) were among Other Veterans.
In 2001, Veterans between the ages of 35 and 54 had the highest suicide rates, among both Veteran men and Veteran women. In 2020, suicide rates were highest among Veterans between the ages of 18 and 34.
In 2020, the suicide rate among White Veterans was more than twice the rate among Black or African American Veterans.

Among Veteran VHA Users, suicide rates were elevated for residents of rural areas, as compared to urban areas.
Veteran Suicide Prevention Services

Emergency room/ psych care at the VA

Veterans Crisis Line
- Dial 988

Gun Locks

Community Support
Journey 4 Change
-preventing suicide through community action and awareness
Journey 4 Change - preventing suicide through community action and awareness
WHAT IS HOLISTIC HEALING?
The 8 Pillars Of Holistic Healing
A real world Story
VETERAN SERVICE DAY AT THE VETERANS MEMORIAL BUILDING

EVERY WEDNESDAY

846 FRONT ST, SANTA CRUZ, CA