2023 to 2026
MHSA INN Plan:

Crisis Now

Mental Health Advisory Board
May 18, 2023
MHSA Innovations

An Innovation project is defined as a project that the County designs and implements for a defined time period and evaluates to develop new best practices in mental health services and supports. *

Up to 5% of MHSA distribution is allowable for Innovative Projects

Introduces a new practice or approach to the overall mental health system, including, but not limited to, prevention and early intervention

*California Code of Regulations, Title 9, Section 3200.184
Primary Purpose

- Increases access to mental health services to underserved groups
- Increases the quality of mental health services, including measured outcomes
- Promotes interagency and community collaboration related to Mental Health Services or supports or outcomes
Primary Problem – Crisis Continuum Barriers

Gap in available crisis care services and capacity – especially youth

Restrictive admission criteria

Limited Mobile Crisis Capacity

Presence of Law Enforcement

Uncoordinated system/silos

Workforce challenges
Why Crisis Now?
System Barriers

- Psychiatric Boarding & Unnecessary Incarceration
- Fiscal Sustainability
- Mental Health & SUD Silos; Medical Clearance; Low Capacity
- Workforce Challenges

Crisis Now Strategic Solutions

- Crisis Now Model (4 Components)
- Partnership for Funding & Advocacy
- "No Wrong Door" Approach
- Peer Workforce Development; Training; Recruitment & Retention Plan

Crisis Now: Transforming Services is Within our Reach
High Tech Crisis Call Center

24/7 Mobile Outreach Crisis Teams

Facility-based Crisis Center

Evidence-based Practices
### Crisis Now Scoring System

#### Level 2 – Basic

**We have:**
1. Some Mobile Crisis Capacity
2. A 988 Call Center
3. Some Receiving Center Capacity
4. Suicide Care Best Practices

**We need:**
1. 24/7 Mobile Crisis Response
2. Call Center with Dispatch solution directly to Mobile Crisis Teams
3. Dedicated Receiving and Crisis Support for Youth
4. Peer Support Specialists Integrated into Model
Implementation Plan

**Identify Capacity Needs and Costs**
- Comprehensive Assessment
- Community Program Planning

**Address Gaps and Eliminate Barriers**
- Determine Implementation Plan
- Align current services with Crisis Now model
- Implement new Crisis Now services
- No Wrong Door – Systems Partnership

**Workforce Development**
- Training in and Implementation of Evidence-based Practices
- Peer Support Specialist Certification and Recruitment
Evaluation Plan

Independent assessment of the project’s impact toward learning goals

• Improve access to ongoing BH crisis services
• Divert individuals from criminal/carceral settings
• Reduce ED mental health admissions
• Increase voluntary services
• Improve long-term outcomes
Budget

• A median estimate of MHSA funds are: 4.25 million 2023-2026
• $450,339 will be budgeted for RI International
• An additional $300,000 will be budgeted for Evaluations.
• $3,499,661 for a three-year period for additional training and costs associated with program expansion.