Mental Health Advisory Board Retreat
March 11, 2022 ♦ 10:00 AM-3:00 PM
1400 Emeline Ave, Rooms 206-207, Santa Cruz
Microsoft Teams Meeting (916) 318-9542, Conference 676 015 533#

Present: Antonio Rivas (arrived at 11:29 am), Hugh McCormick (arrived at 12:31 pm), Jeffrey Arlt, Jennifer Wells-Kaupp, Laura Chatham, Serg Kagno, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput
Staff: Jane Batoon-Kurovski
Guest: John Nguyen

I. Roll Call – Quorum present. Meeting called to order at 10:05 a.m. by Chair Xaloc Cabanes.

II. Public Comments – none.

III. Struggles and Triumphs
Members of the board shared their struggles and triumphs in the last year.

IV. Centering Break / Mindfulness Activity
The Board members participated in a mindfulness activity.

V. John Nguyen, County Counsel
A. Brown Act – intent is for an open and transparent government to allow the public to listen and participate in the meetings, which includes posting the agenda 72 hours in advance
B. Committee Clarification
   1. Standing Committees
      a. Designated for specific jurisdiction over specific issue
      b. Subject to the Brown Act
      c. No time frame, can be ongoing
      d. Consists of board members, less than quorum
      e. Regular day/time of meeting
   2. Ad Hoc Committees
      a. Formed to review/advise on one particular topic
      b. Temporary – short term, limited time
      c. Consists of board members, less than quorum
      d. Single purpose/investigation - once complete, committee is dissolved
Note: Regardless of type of committee, if lasts more than 6 months, the MHAB must provide written notice to the Board of Supervisors that the committee has been created.
C. Welfare & Institutions Code (WIC) 5604/Santa Cruz County Code 2.38, 2.104, 2.84
   1. WIC 5604 – statutory requirement that states Santa Cruz County must have a Mental Health Advisory Board.
   2. Process for changing bylaws – MHAB discusses and approves the amended bylaws, and then sent to the BOS for review/approval.

MINUTES – APPROVED
April 21, 2022
VI. Review 2021 Goals and Objectives
   A. Access to Public Health Guide
   B. CAHOOTS Program – Advocacy, Publicity, Education
   C. Mobile Van – provide information, resources, referrals
   D. Mandatory trainings – commitment of Board members to attend trainings every year
   E. South County – improve services and have more presence
   F. Housing stabilization – make sure people get support to maintain housing
   G. Coordinate mental health services between hospitals, clinics, and private services
   H. Fully understand how budget cuts will affect/impact community
   I. Coordinate with law enforcement to work with homeless and people with mental health problems to make sure they are treated by mental health professionals
   J. More site visits
   K. Budget
   L. Healing and growth – management of mental health

VII. 2022 Goals and Objectives (Broad Ideas)
   a. Pilot Ideal Crisis System
   b. Ideal Crisis System programs open 24/7
   c. 988 launch July 16th. Contribute by getting word out.
   d. Site Visits
   e. Peer Certification Training
   f. CARE Court (forced treatment)
   g. Housing – retain and keep consistent shelter
   h. Begin planning of Crisis Response Centers
   i. All law enforcement agencies to have the same policy as the jail regarding management of prescriptions

VIII. Consider additional one-hour monthly meeting to address special, urgent, or requested MHAB related topics
      - The outcome of the discussion was to look at the smaller committee groups and energize those meetings. Additional one-hour to the regular meetings will be considered on an as-needed basis.

IX. MHAB State Requirements
    A. Committees – Officers
       The board discussed the current board officer positions: Chair, Co-Chair, and Secretary. All board members agreed the positions should stay the same and there is no need to add additional officer positions.
    B. Continue participation / education requirements
       All board members confirmed they are okay with the current requirement of a minimum of 2 trainings per year.

X. Committees for 2022
   A. Standing Committees
      1. Community / Publicity
      2. Budget
      3. Ideal Crisis System
   B. Ad Hoc Committee
      1. Peer Specialist Certification
      2. Law / 988

XI. Adjournment
    Meeting adjourned at 3:04 p.m.