

MINUTES – APPROVED
July 19, 2018

MENTAL HEALTH ADVISORY BOARD RETREAT

June 18, 2018

1:00 p.m. – 5:00 p.m.

1400 Emeline Avenue, Room 206, Santa Cruz, CA

Present: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kate Avraham, Rebekah Mills, Xaloc Cabanes

Excused Absence: Supervisor Greg Caput, Lynda Kaufmann

Unexcused Absence: Jim Roszell

1. Public Comment

- Audience member stated that she will be a part of the Suicide Prevention Task Force, specifically interested in the funding and action plans for the Suicide Prevention Task Force

2. Direction of Mental Health Advisory Board (MHAB), Goals and Objectives for 2018

- Recruit members for a more diverse Mental Health Advisory Board that reflect the community
- Community Engagement – more involvement in the community by having a presence at functions
- Mental Health Advisory Board Event (public information forum) to be held in 2 years (2020)
- Monthly special interest presentations from each Board Member
- Town Hall Meetings – discuss the possibility of a 10-15-minute presentation at the town hall meetings announcing who the MHAB members are, in addition to facilitating focus groups
- Continue site visits

3. Description/Clarification of Ad Hoc Committees and Board Member Reports:

a. Jail Committee (Ad Hoc Committee)

- Rebekah Mills – Chair
- Hugh McCormick – Co-chair
 - ◆ Sub-Committees under the Jail Committee
 - ✓ Issues around psychotropic medications and availability
 - ✓ Communication between Jail Staff and people on the outside that are trying to support someone in jail with mental health issues
 - ✓ Learning how things work in the jail environment
 - ✓ Issues around people who are incompetent to stand trial

b. Community Engagement Committee (Standing Committee)

- Jodie Wells – Co-chair
- Kate Avraham – Co-chair

c. MHSA Advisory Committee (Ad Hoc Committee)

- Bek Philips – Chair
- Lynda Kaufmann -Co-Chair

- d. Bylaws Committee (Ad Hoc Committee)
 - Aimee Escalante – Chair
 - Jodie Wells – Co-chair

- e. Nominating Committee (Ad Hoc Committee)
 - Aimee Escalante - Chair
 - Lynda Kaufmann
 - Kate Avraham

- f. Site Visits Committee (Standing Committee)
 - Jim Roszell – Chair
 - Hugh McCormick – Co-chair
 - Aimee Escalante – Co-chair

4. Motion made by Bek Phillips to have each Board Member do a presentation for 10 minutes to talk about his/her specialty or area of interest. Second by Jodie Wells

Ayes: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kate Avraham, Rebekah Mills, Xaloc Cabanes

Nays: None

Absent: Supervisor Greg Caput, Lynda Kaufmann, Jim Roszell

5. Team Building Activity – members of the Board shared their background and personal stories as it relates to mental health.
6. Motion to adjourn made by Xaloc Cabanes. Second by Bek Phillips. Meeting adjourned at 5:02 p.m.