COVID-19 Booster Dose Fact Sheet

**Why?**
Booster doses are the best way to maintain protection against COVID-19. They are important for boosting immunity that may have decreased over time.

**Who?**
All people **ages 12 and older**.

**When?**
- At least **5 months** after the Pfizer or Moderna two-dose series.
- At least **2 months** after Johnson & Johnson.

**Where?**
Available through healthcare providers, clinics, and pharmacies. Visit santacruzhealth.org/coronavirusvaccine, MyTurn.ca.gov, or call 833-422-4255 for scheduling.

People ages 18 and older may choose which vaccine they receive as a booster.

*The CDC recommends mRNA vaccines (Pfizer or Moderna) over Johnson & Johnson based on vaccine effectiveness and safety.*

Only Pfizer is approved for individuals ages 12-17.

For more information, visit: covid19.ca.gov/vaccines  
1/10/22