What do we do at WIC?

Robbie Gonzalez-Dow, MPH, RD, CLE
Regional Breastfeeding Liaison,
Women, Infants & Children (WIC)
Women, Infants, Children to Age 5
Healthy Supplemental Foods
Monthly Fruit and Vegetable Checks

- $8-10 per person every month
- Certified Farmer’s Markets
Breastfeeding Support
Peer Counseling
Contract Formulas
How to Refer to WIC
Applying is Easy
How to Refer to WIC
Therapeutic Formulas

Prescription Needed