Step 1 — Dress Code
Remove bulky outer clothing (jackets, hat and shoes) and second layers.

Step 2 — Positioning is Crucial

Step 3 — Read and Document the Measurements
Read measurement to nearest 1/8 inch (0.1 cm) and write it down.

For more information on accurately measuring infants, children and adolescents, visit www.dhcs.ca.gov/services/chdp/ > Support and Educational Materials.