

Growth Assessment Resources

Online Tutorials

Centers for Disease Control and Prevention (CDC) Growth Chart Training

<https://www.cdc.gov/nccdphp/dnpao/growthcharts/training/overview/index.html>

CDC: Using the WHO Growth Charts to Assess Growth in the United States

<https://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm>

Online Resources

AAP Prevention and Treatment of Childhood Overweight and Obesity

<https://ihcw.aap.org/Pages/default.aspx?>

CHDP Provider Support and Educational Materials

<http://www.dhcs.ca.gov/services/chdp/Pages/Support.aspx>

Expert Committee Recommendations on the Assessment, Prevention and Treatment of Childhood Overweight and Obesity

http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full

Pediatric Growth Charts

WHO Growth Charts (Birth to 24 Months)

https://www.cdc.gov/growthcharts/who_charts.htm

CDC Growth Charts (Ages 2 to 20)

https://www.cdc.gov/growthcharts/cdc_charts.htm

Online BMI Calculator

CDC Body Mass Index > Child and Teen BMI Calculator

<https://www.cdc.gov/healthyweight/bmi/calculator.html>

Website links were selected and reviewed by the statewide CHDP Nutrition Subcommittee.

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California Department of Health Care Services
Child Health and Disability Prevention Program



BMI-Resources (07/15)

