Growth Assessment Resources

Online Tutorials
Centers for Disease Control and Prevention (CDC) Growth Chart Training
https://www.cdc.gov/nccdphp/dnpao/growthcharts/training/overview/index.html

CDC: Using the WHO Growth Charts to Assess Growth in the United States
https://www.cdc.gov/nccdphp/dnpao/growthcharts/who/index.htm

Online Resources
AAP Prevention and Treatment of Childhood Overweight and Obesity
https://ihcw.aap.org/Pages/default.aspx?

CHDP Provider Support and Educational Materials
http://www.dhcs.ca.gov/services/chdp/Pages/Support.aspx

Expert Committee Recommendations on the Assessment, Prevention and Treatment of Childhood Overweight and Obesity
http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full

Pediatric Growth Charts
WHO Growth Charts (Birth to 24 Months)
https://www.cdc.gov/growthcharts/who_charts.htm

CDC Growth Charts (Ages 2 to 20)
https://www.cdc.gov/growthcharts/cdc_charts.htm

Online BMI Calculator
CDC Body Mass Index > Child and Teen BMI Calculator
https://www.cdc.gov/healthyweight/bmi/calculator.html

Website links were selected and reviewed by the statewide CHDP Nutrition Subcommittee.
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California Department of Health Care Services
Child Health and Disability Prevention Program
BMI-Resources (07/15)