

Mental Health Resources for Traumatic Events or Disasters

- **Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Events**

A Guide for Parents, Caregivers and Teachers

<http://store.samhsa.gov/shin/content/SMA12-4732/SMA12-4732.pdf>

- **Helpful Hints for School Emergency Management**

Psychological First Aid (PFA) for Students and Teachers: Listen, Protect, Connect – Model & Teach

http://rems.ed.gov/docs/HH_Vol3Issue3.pdf

- **Listen, Protect, Connect – Model and Teach**

Psychological First Aid for Teacher and Students

http://www.ready.gov/sites/default/files/documents/files/PFA_SchoolCrisis.pdf

- **After a Loved One Dies – how children grieve and how parents and other adults can support them**

<http://www.newyorklife.com/newyorklife.com/General/FileLink/Static%20Files/New%20York%20Life%20Foundation%20Bereavement%20Guide%20-%20After%20a%20Loved%20One%20Dies%20.pdf>

- **School Crisis Guide: Educator Resources - Help and Healing in a Time of Crisis**

<http://www.neahin.org/educator-resources/school-crisis-guide.html>

- **Suicide Prevention Services**

<http://www.fsa-cc.org/suicide-prevention-service/>

- **Disaster Helpline from the Substance Abuse Mental Health Services Administration**

<http://www.disasterdistress.samhsa.gov/>

- **Helping your children manage distress in the aftermath of a shooting**

<http://www.apa.org/helpcenter/aftermath.aspx>

- **Managing your distress in the aftermath of a shooting**

<http://www.apa.org/helpcenter/mass-shooting.aspx>

- **Five Questions on the Tucson, Ariz., Shootings for Psychologist Joel Dvoskin, PhD** **please see # 3 question and response

<http://www.apa.org/news/press/releases/2011/01/tucson-shootings.aspx>