

Mental Health Services Act: Prevention & Early Intervention
Work Group: 18 - 25
July 23, 2008 meeting notes

Attendees: Jerry Solomon (Facilitator), Alicia Nájera, Carly Galarneau, Ginny Gómez, Tara Fisher, Diana Carpenter, Susan Paradise, Charise Olson, Fred Koelher, Richard Fairhurst, Carol Sedar, Carol Williamson, Elisa Ramírez, Mariea Boisa, Diane Brice, Steve Ruzicka, Denise Wyldbore, Cecile Mills.

1. Agenda was reviewed. No changes were made.
2. Introductions.
3. **Decision Making:** Ideally the group would reach consensus. Possible problem is that we have a small work group that meets consistently, and non-participating individuals may attend only when it is time to vote. Discussed various options. **Group decision:** when it comes time to vote persons that have participated in at least 33% of the meetings will be allowed a vote. Participants can send a designated alternate if they cannot attend a particular meeting
4. **Stakeholders.** Fact that meeting times are not posted at MHCAN and Mariposa Wellness Centers was brought up; Alicia informed the group that she spoke to directors of both sites and they agreed to post the meeting times. Meeting times will be sent to all PEI workgroups, even though some meeting locations have not been secured. As it is updated it will be sent out again to the workgroups; date on the bottom of page will indicate when it was last updated. Work group members can disseminate the information about meeting times and locations to other interested stakeholders. **Who is missing?** Request that someone from UCSC or Cabrillo attend. Diane Avelar (from Cabrillo) is a member of this work group, but absent today; Sara Peck (from Cabrillo) isn't back at work until mid August. Will contact UCSC. There are no transition age consumers, or consumers that began services when they were this age. Steve Ruzicka will check with staff to see if one (or more) of their clients may want to participate. Drug & alcohol rep is not present; Alicia will check with Bill Manov. Some brainstorming about stakeholders; everyone to think about this and talk to others. Discussed how not everyone can come to meetings; we can consider inviting guest speakers to one or more meetings. Can consider doing a focus group and/or survey as well.
5. **Resource Material.** DMH gave outlines of various programs. Can find out more information about programs by searching the web. Note that some are specific to particular communities, so we would need to document that we've considered this. Look at material as "models". Discussed using logic model to figure out what we will use. Reaction/Comments? Some people found the information confusing (e.g. TAY box was checked, but program described a different population); some felt like people are wanting to sell their programs; some programs feel like "deluxe" models, but we don't have a "deluxe budget". Some felt like this was a good tool to spur some thinking. Need to consider what services we do have in our community and what are the gaps.
6. **Defining Priority Population.** Discussed the 5 proposed priority populations (Children and youth in stressed families; children/youth at risk of juvenile justice involvement; and

after brief review/discussion narrowed the priority population for this group to Onset of Serious Mental Illness and to Trauma Exposed. There was much discussion about these five, including the overlap among them. It was difficult decision, but group honed in on “onset of serious mental illness” and “trauma exposed individuals”. Did not have time to brain storm about these two. Next time we meet we will explore further what “trauma exposed individuals” means.

- 7. Feedback about meeting:** There was an appreciation for the different points of view and different voices in the group. One person labeled it as “one of the most positive meetings” she has attended. Another felt that while it was productive, it would be helpful to have handouts on the parameters of the program, information on trauma, and a directory of resources (which we will have next time). May consider having potential clients at meeting as well.

Next meeting: Wednesday, August 6, 2008 from 10 to 12 at CASA: 294 Green Valley Road, Suite 326, Watsonville, Ca. This is in the old Watsonville hospital; enter where it says “The Towers”.