
A GLIMPSE OF REALITY:

Health Disparities in the Pajaro Valley



P A J A R O V A L L E Y
COMMUNITY
HEALTH TRUST

Overview

- Context
- Methodology
- Limitations
- Key Findings
- Recommendations



Context

- Trust Mission & Primary Service Area
- Strategic Program Areas & Target Populations
- Pajaro Valley Oversample – Why?



PAJARO VALLEY COMMUNITY HEALTH TRUST

Grantmaking Framework

● STRATEGIC PROGRAM AREAS

Four priority areas for which the Trust has targeted funding and advocacy

★ Oral Health: Prevention and Access

★ Diabetes and Contributing Factors

★ Promoting Entry & Advancement in the Health Professions

★ Health Insurance and Education on using the system

and

● TARGET POPULATIONS

Three population groups emphasized as priorities in funding and advocacy



★ YOUTH 6-21



★ LOW-INCOME & UNDERSERVED INDIVIDUALS



★ FARM WORKERS and their families



Methodology

- Telephone survey (English and Spanish)
- Oversample includes the zip codes in Watsonville, Pajaro, and Freedom.
- The basic CAP survey randomly generated 169 surveys from the Pajaro Valley. PVCHT commissioned an additional 222 random generated surveys, for a total of 391 surveys from the Pajaro Valley.
- Report compares the responses of Pajaro Valley residents to those of the 542 non-Pajaro Valley residents from the original assessment data.
- ASR is 95% confident that the responses of the survey respondents do not differ from those of the general population of the Pajaro Valley by more than 5% due to random sampling variation.



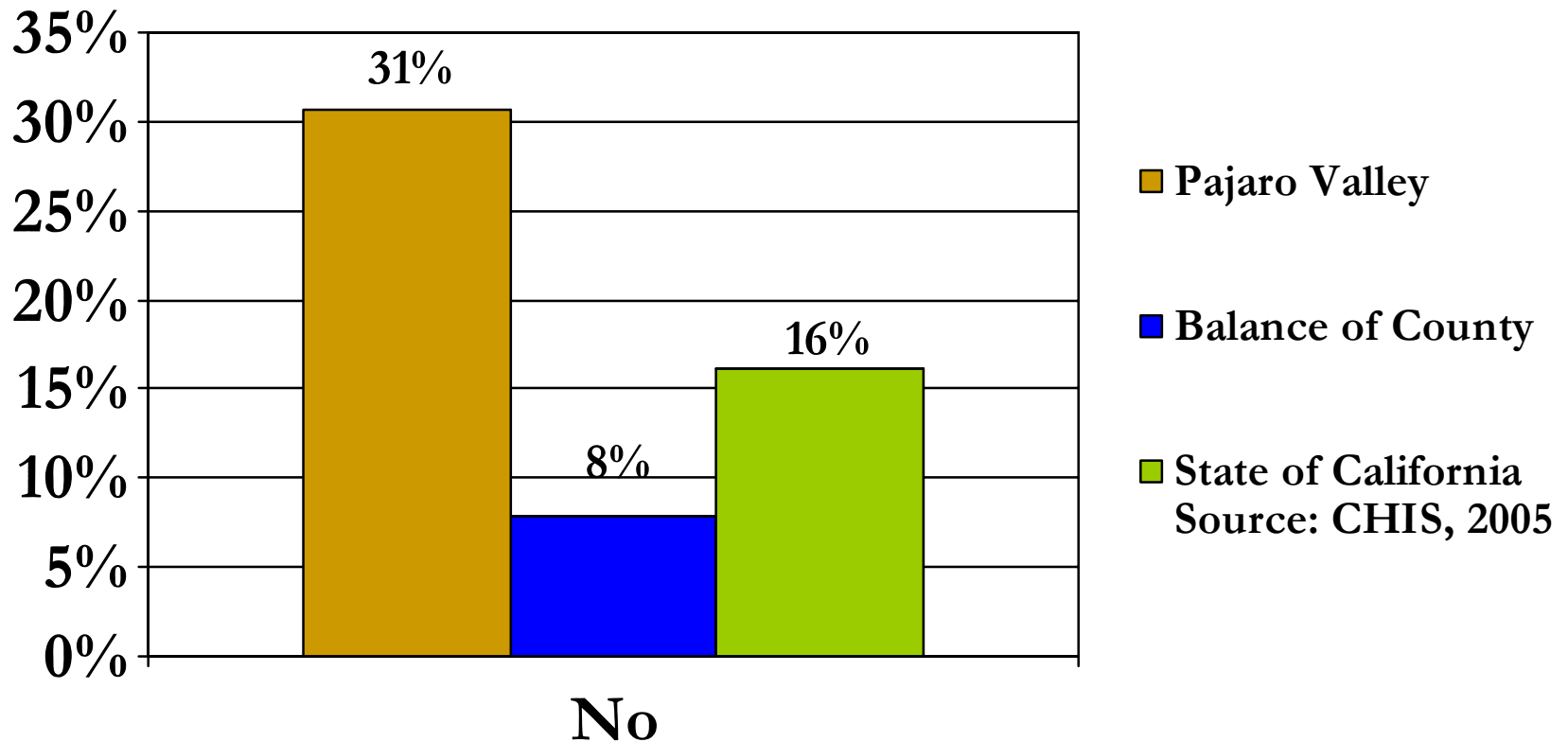
Limitations

- Sampling Issues of Telephone Surveys
 - Do not reach households with no home phone or individuals that only have cell phones
 - Do not reach individuals that are not home to answer the phone
- Other Possible Limitations
 - Length of Survey
 - Immigration Status



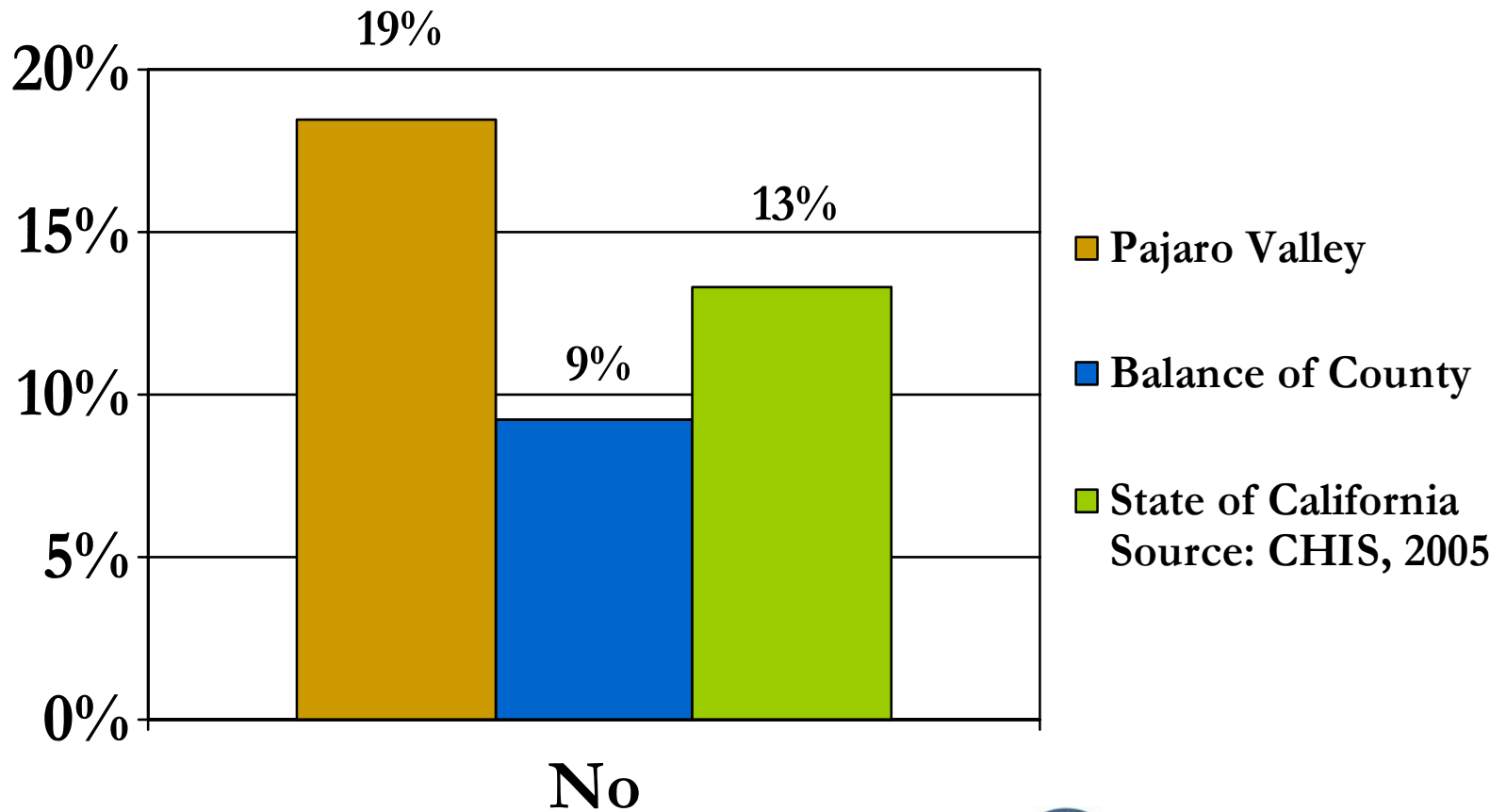
Health Insurance

Do you have health insurance?



Access to Care

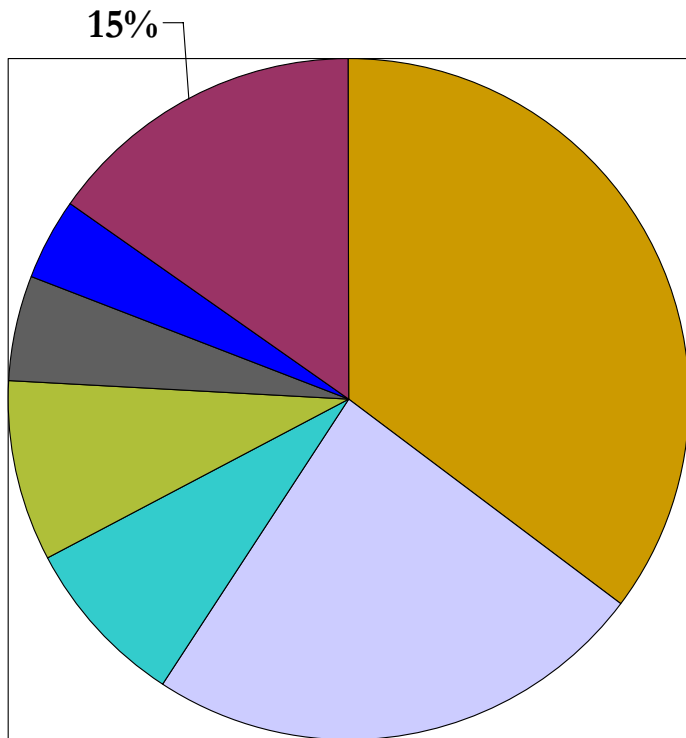
Do you have a regular source of health care?



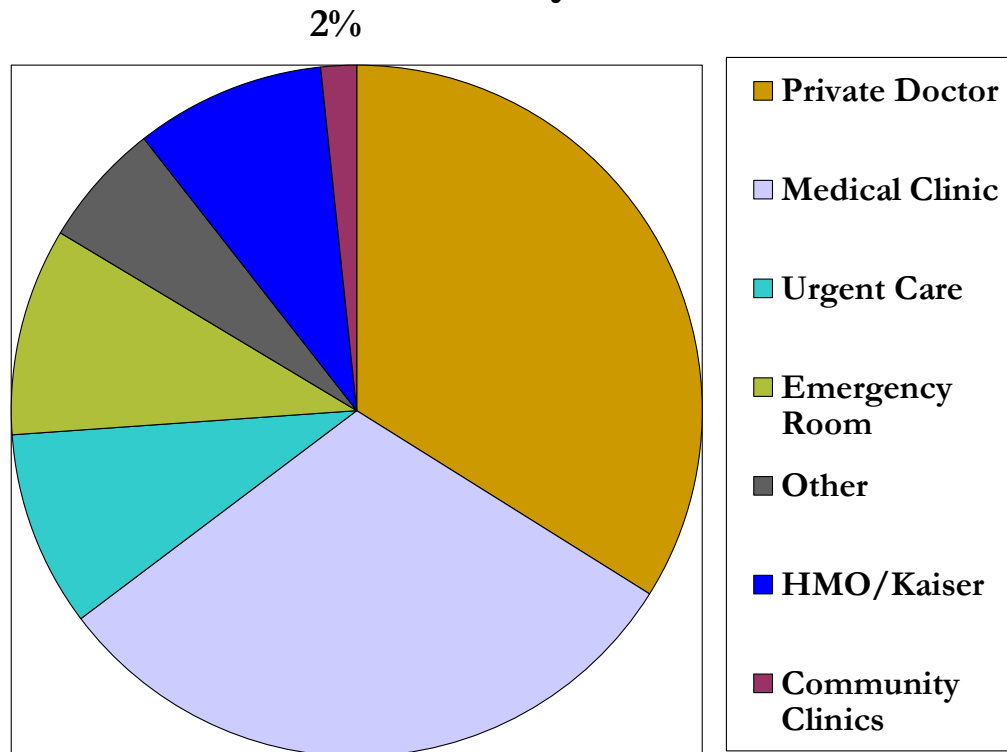
Access to Care

If yes, where do you go?

Pajaro Valley



Balance of County

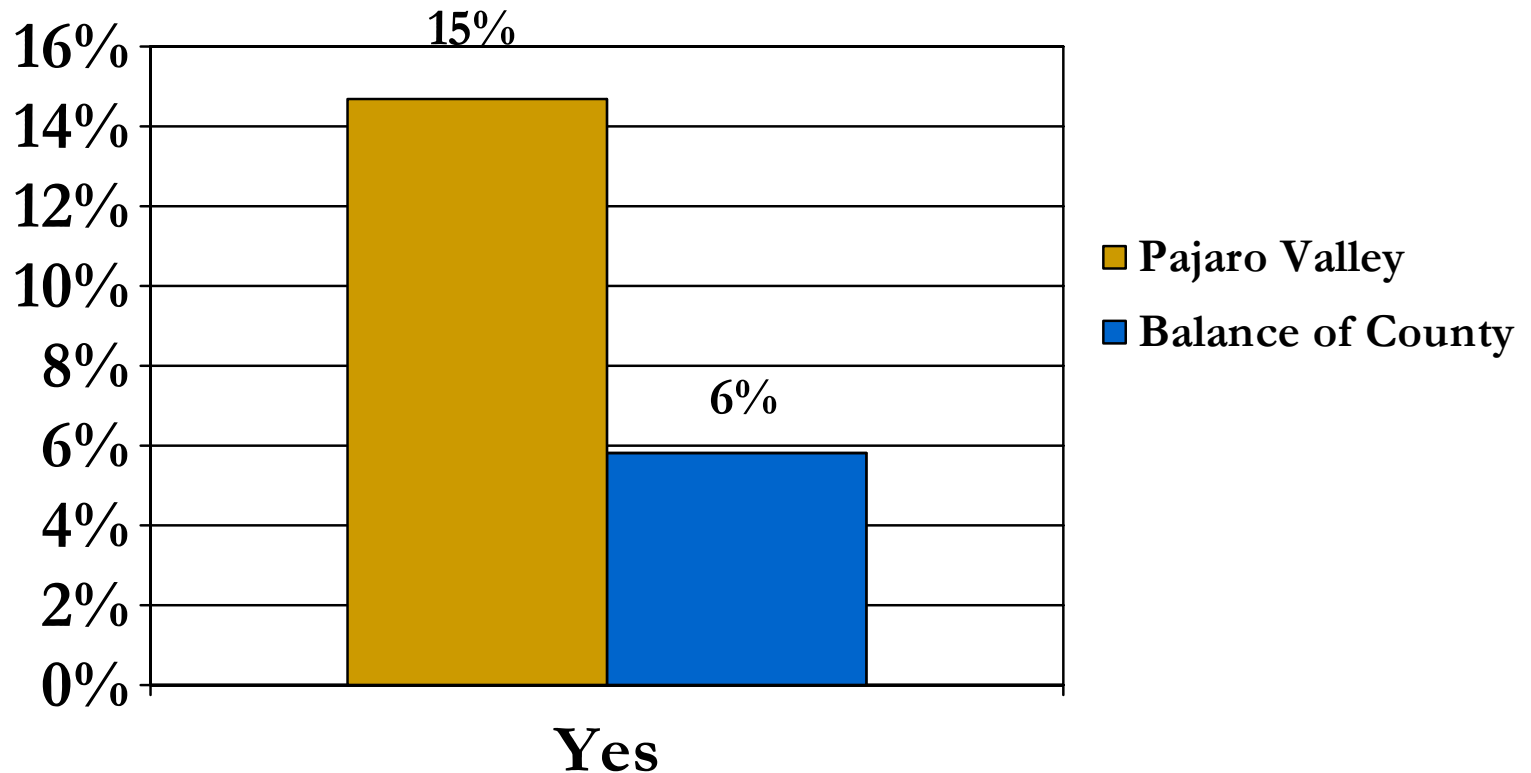


- Private Doctor
- Medical Clinic
- Urgent Care
- Emergency Room
- Other
- HMO/Kaiser
- Community Clinics



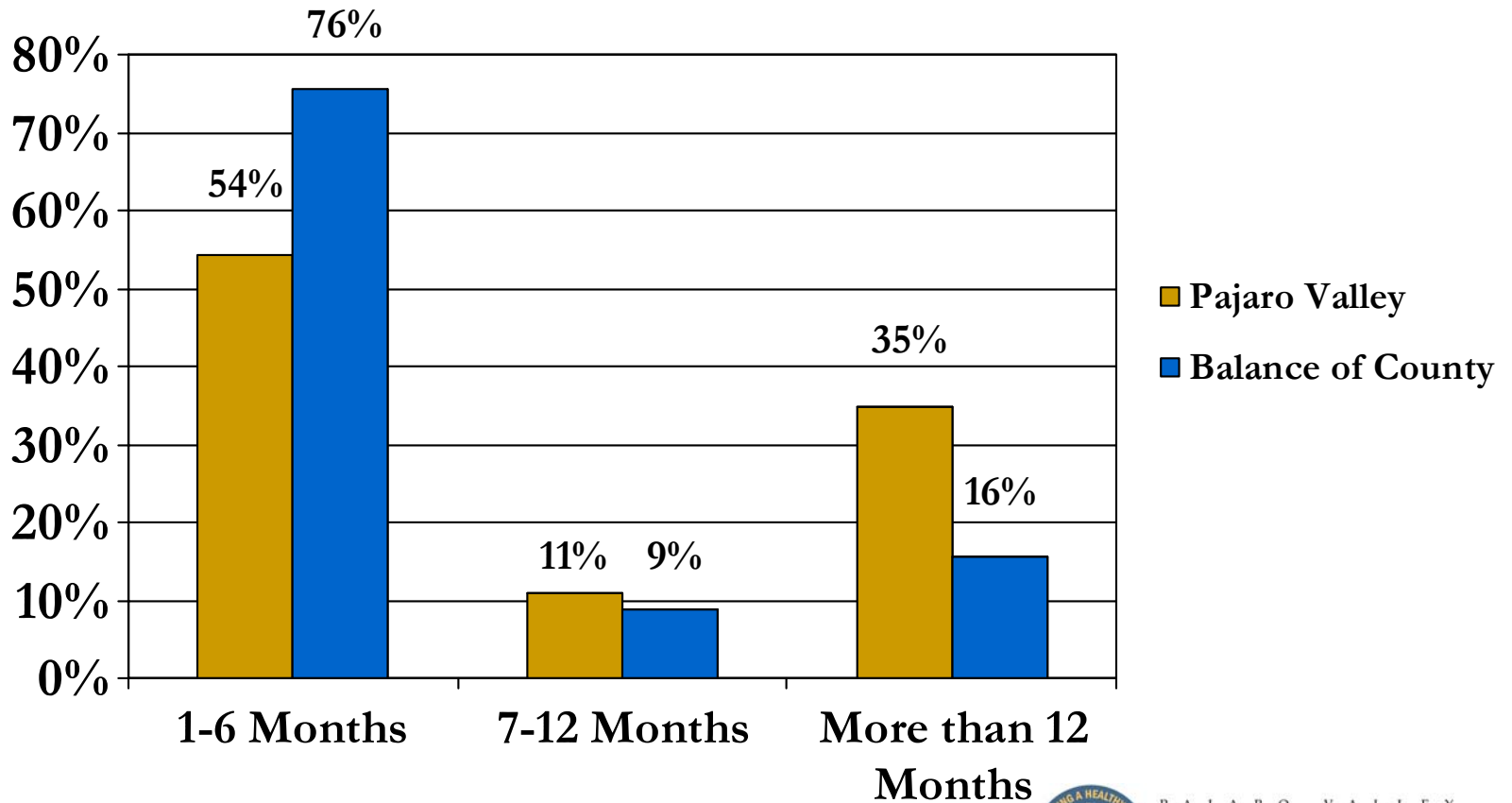
Access to Care

Have you needed health care in the past year and been unable to receive it?



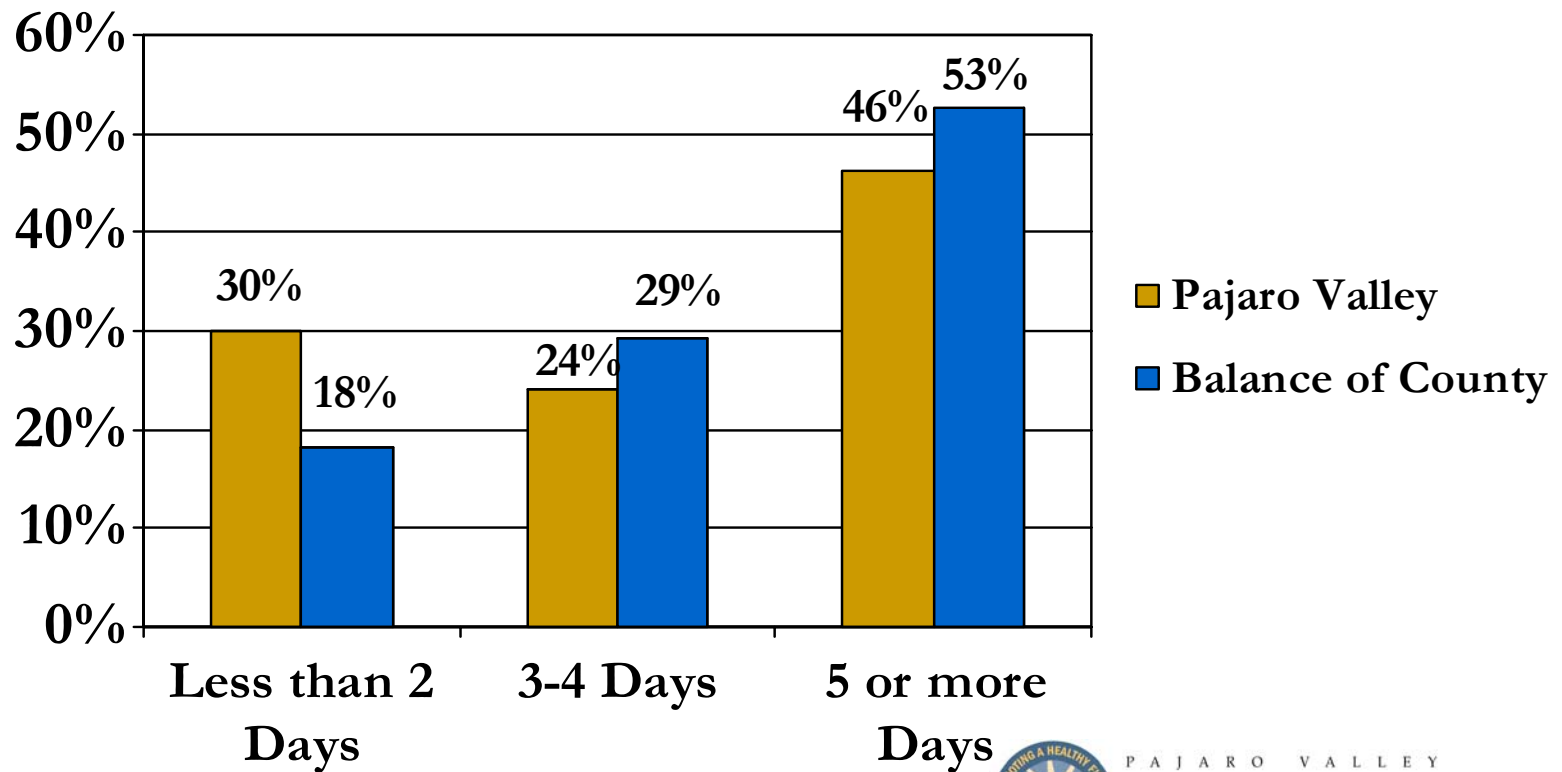
Dental Care

How long has it been since you last visited a dentist, hygienist, or orthodontist?



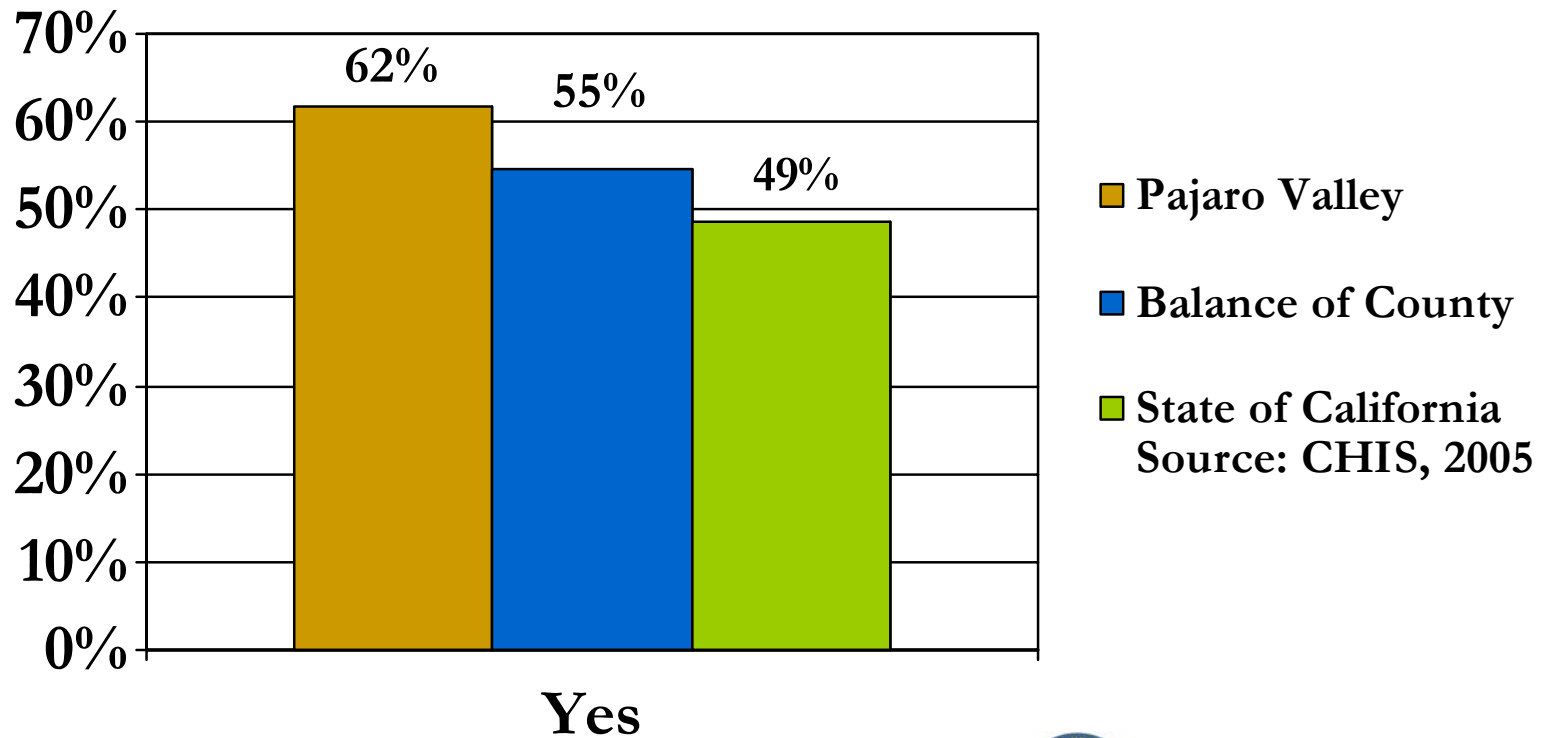
Physical Activity

How many days per week do you engage in physical activity (such as brisk walking or gardening)?



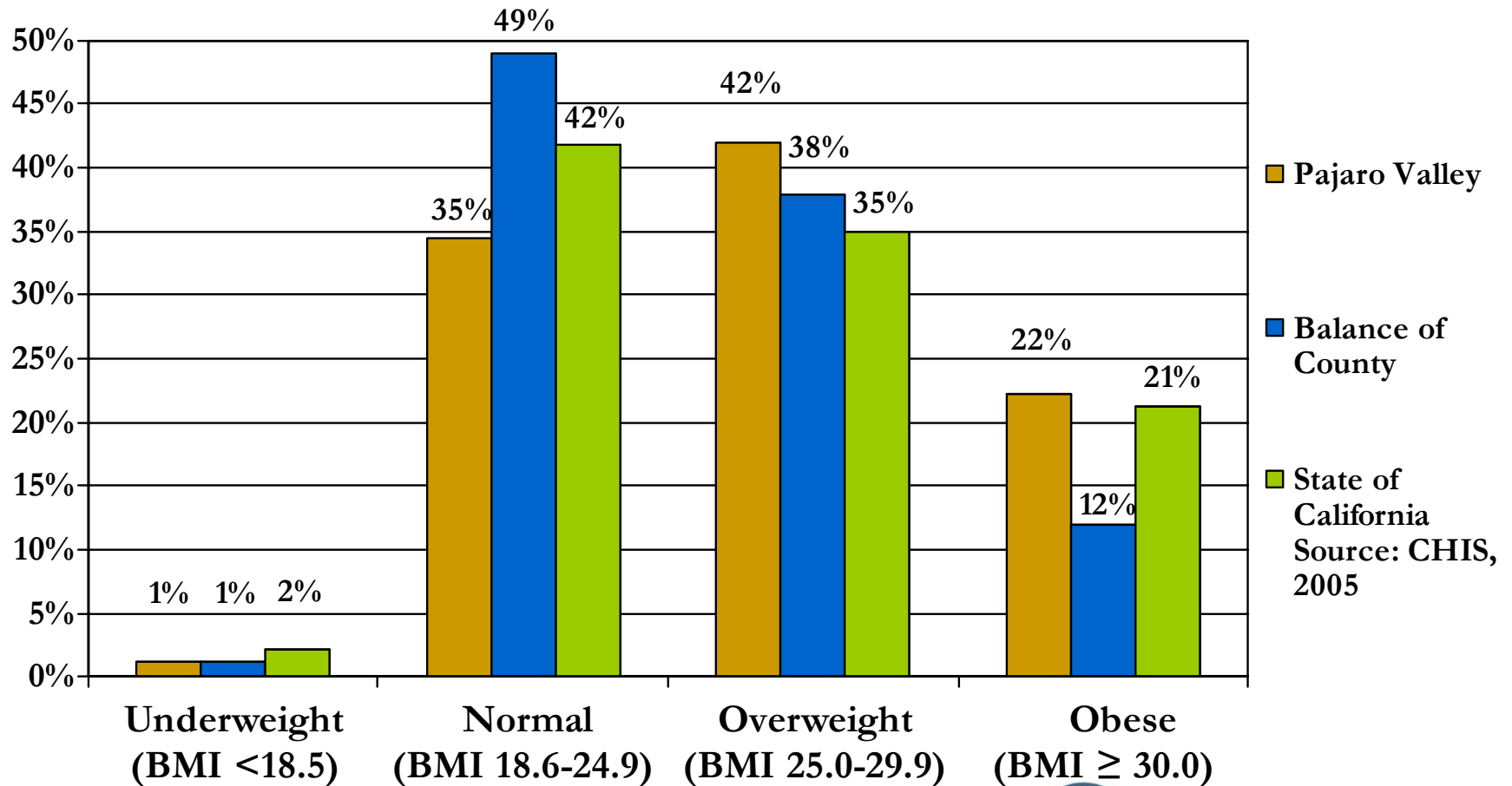
Nutrition

Do you eat 5 or more servings of fruits and vegetables a day?



Body Mass Index in Adults

What is your height? What is your weight?



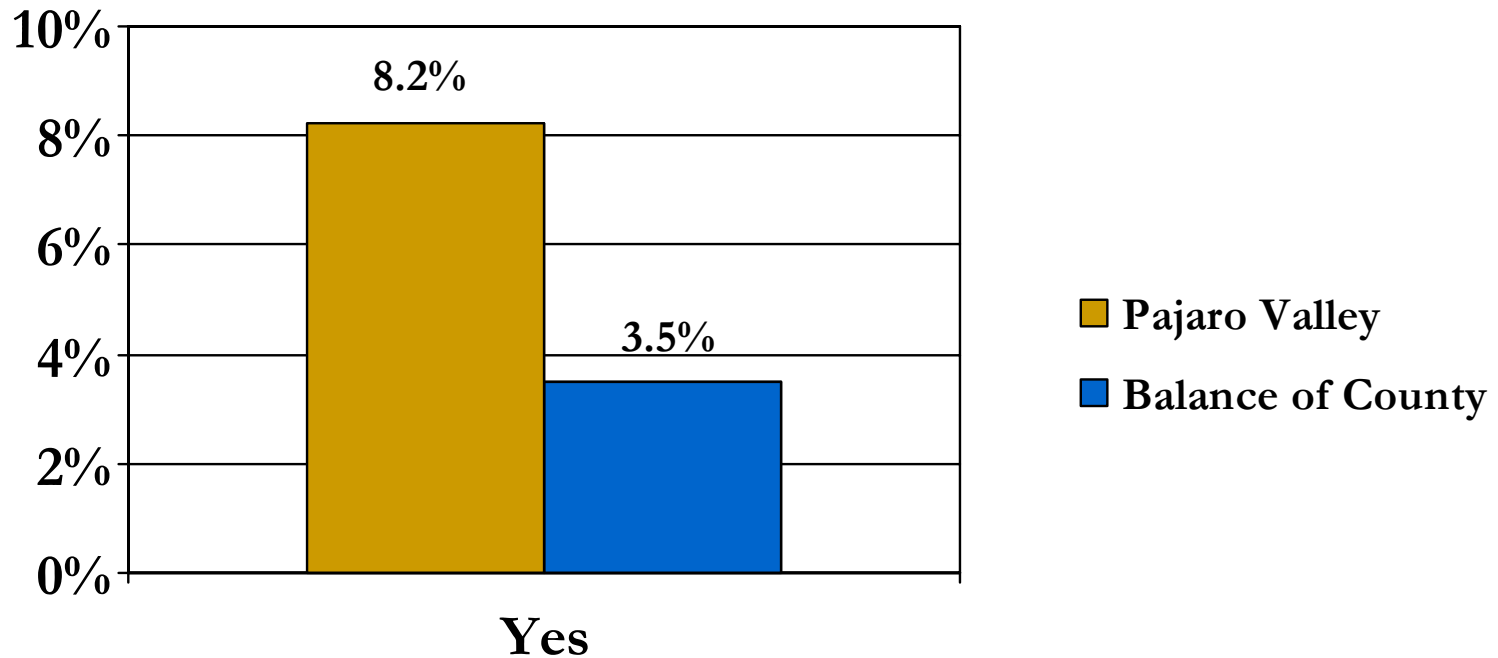
Source: CHIS, 2005



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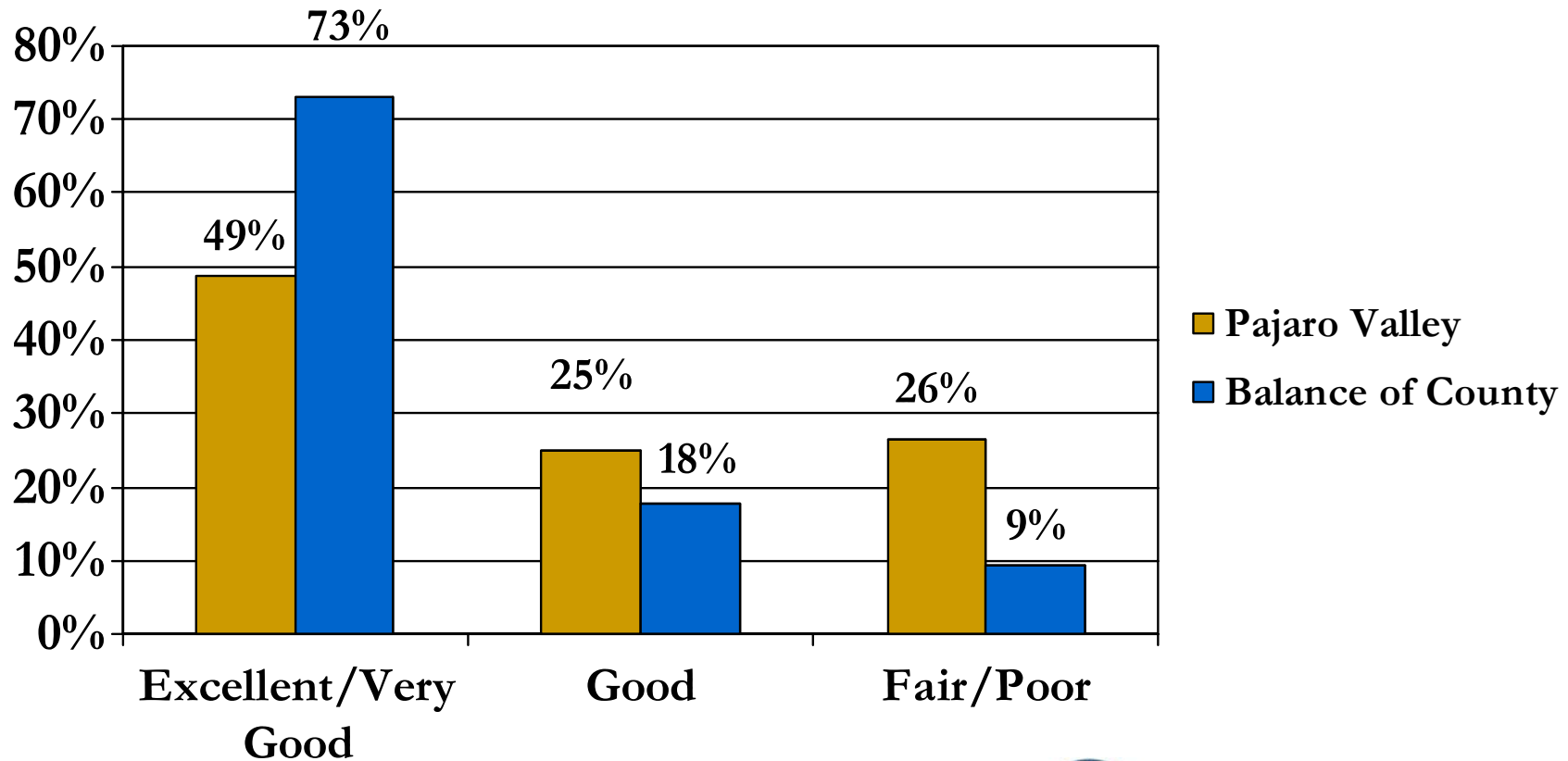
Diabetes

Other than during pregnancy, has a doctor ever told you that you have diabetes?



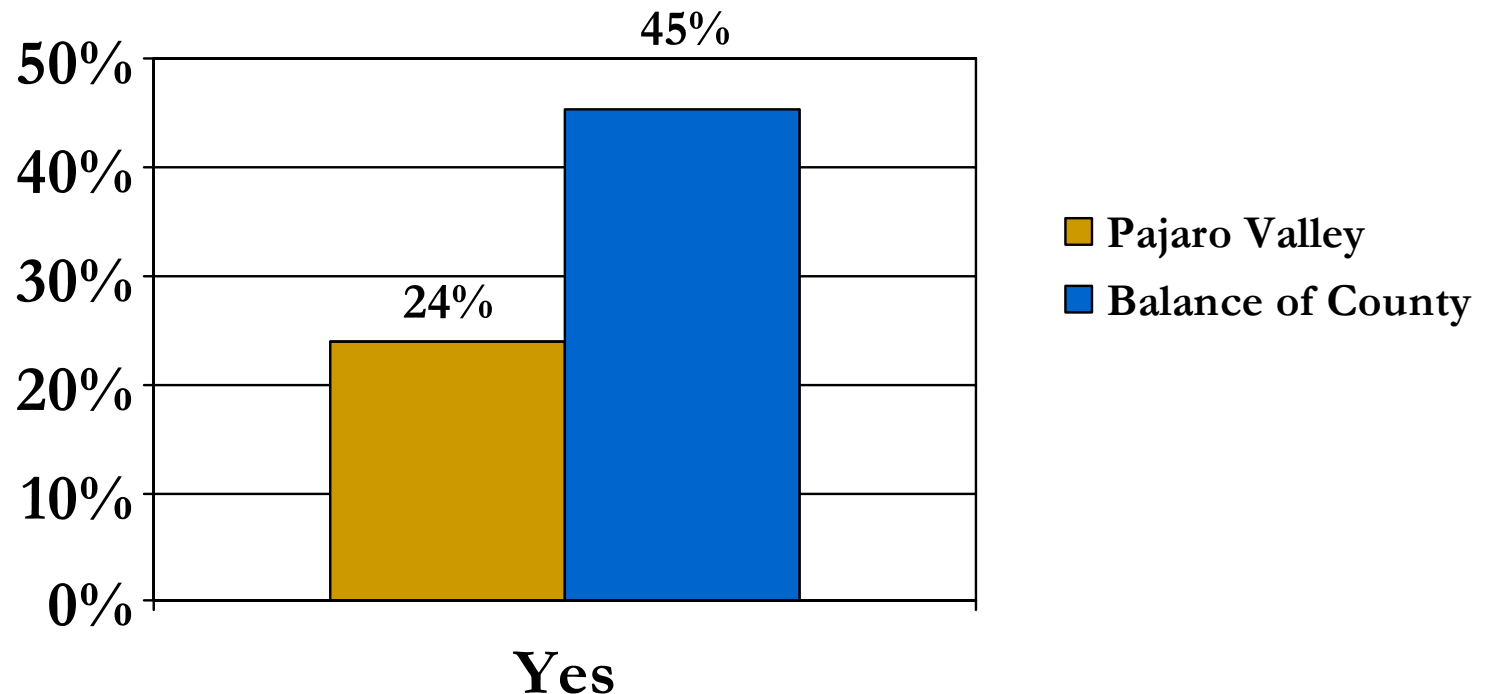
Mental Health

Would you say that in general your mental health is:



End of Life Wishes

Do you have your end-of-life wishes for medical treatment in a written document?



What can the HIP members do?

- Continue to strengthen and support the vital work of the safety net clinics.
- Find ways to bring members of the agricultural and service work force into contact with a medical home (with particular attention to single men).
- Continue to support upstream education, prevention and screening efforts geared towards the Latino community to help reduce the onset of diabetes and oral health disease.
- Support additional data gathering and dissemination efforts.
- Other ideas?



Questions?

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