

# Santa Cruz County 2003 Health Almanac

## Mental Health and Mental Disorders

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## Agencies and Information Sources

### **Santa Cruz County (SCC) Health Services Agency** - <http://www.santacruzhealth.org/>

The Health Services Agency (HSA) exists to protect and improve the health of the people in Santa Cruz County. The Agency provides programs in Environmental Health, Public Health, Medical Care, Substance Abuse Prevention and Treatment, and Mental Health.

### **California Department of Health Services** - <http://www.dhs.ca.gov/default.htm>

To Protect and Improve the Health of All Californians

### **California Health Interview Survey** - <http://www.chis.ucla.edu/index.html>

The California Health Interview Survey (CHIS) is the largest state health survey conducted in the United States. Every two years, CHIS plans to collect information on the health and health care needs of California's diverse population.

### **Centers for Disease Control and Prevention** - <http://www.cdc.gov/default.htm>

CDC's Mission is to promote health and quality of life by preventing and controlling disease, injury, and disability. While CDC is not a mental health agency, staff members from across CDC whose work relates to mental health established the mental health work group, and this Web site <http://www.cdc.gov/mentalhealth/>, to support CDC's overall public health efforts.

## Overall

(All figures are for U.S.)

Number of short-stay hospital discharges for Mental Disorders: **2.1 million (2000)**

Number of Annual Office Visits to Physicians for Mental Disorders: **29,939,000 (2000)**

Number of Annual Office Visits for Depression: **10,043,000 (2000)**

Number of Central Nervous System (Psychopharmacologic/ Psychotropic) Drug Mentions in Office Practice: **113,210,000 (2000)**

Number of Annual Office Visits for Schizophrenic Disorders: **2.1 million (1997)**

Number of Annual Office Visits for Anxiety: **4.8 million (1997)**

<http://www.cdc.gov/nchs/fastats/mental.htm>

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### **Santa Cruz Mental Health Statistics 2002**

There were significant decreases in acute and State hospitalizations as well as in locked Institutes for Mental Disease (IMD) between fiscal years 2001-02 and 2002-03. These placements are the most costly and restrictive for the County and clients. These positive gains are attributable to the increased efforts to utilize alternative outpatient community services which decreased the necessity for emergency services and long-term placements. The challenge will be to maintain these gains with the current and pending budget reductions which will impact the availability of community based resources and limit the alternatives to hospitalization.

#### **Acute Hospital Utilization:**

Average daily use of acute hospitalization decreased 42% from 7.33 in FY 2001-2002 to 4.22 projected days in FY 2002-2003. Currently Santa Cruz inpatient hospital costs are 8% of the County Mental Health budget vs. 27% statewide.

#### **State Hospital Utilization:**

Average daily bed use in the State hospital dropped by 18% from 2.75 beds per day in FY 2001-2002 to 2.25 beds per day in FY 2002-2003.

#### **Institutes for Mental Disease (IMD) Utilization:**

Average daily bed use in an IMD dropped 43% from 28 in FY 2001-2002 to 16 in FY 2002-2003. Coordinators and residential programs were equally successful in preventing and minimizing high cost, acute inpatient hospitalizations. Clients who were transferred to intensive Assertive Community Treatment (ACT) teams were admitted to the hospital 1/3 as often as when they were on non-ACT teams (33 episodes before intensive services vs. 11 episodes while receiving intensive ACT services).

80% of clients reported they liked the services they received, felt comfortable asking questions about their treatment and medications, and that staff were available and assisted them to manage their lives and recovery.

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3/11/2003 <b>Adult Inpatient</b>												
	<b>FY 94/95</b>			<b>FY 95/96</b>			<b>FY 96/97</b>			<b>FY 97/98</b>		
	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$
Acute SD/MC	2.81	1024	720,938	4.84	1767	1,261,911	3.76	1371	988,967	3.33	1217	912,692
Admin SD/MC	0.33	119	25,828	0.35	126	43,495	0.44	160	48,084	0.7	257	66,713
Indigent	0.64	233	146,790	1.09	399	257,654	0.66	240	154,980	0.58	213	139,036
<b>Total</b>	<b>3.78</b>	<b>1376</b>	<b>893,556</b>	<b>6.28</b>	<b>2292</b>	<b>1,563,060</b>	<b>4.86</b>	<b>1771</b>	<b>1,192,031</b>	<b>4.61</b>	<b>1687</b>	<b>1,118,441</b>
	<b>FY 98/99</b>			<b>FY 99/00</b>			<b>FY 00/01</b>			<b>FY 01/02</b>		
	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$	Ave Days	Total Days	Approved & Pending \$
Acute SD/MC	4.12	1503	1,116,346	4.24	1546	1,182,865	5.44	1984	1,513,448	5.02	1831	1,650,033
Admin SD/MC	0.70	256	69,851	0.60	220	61,878	1.00	360	99,738	0.62	227	65,248
Indigent	0.58	211	139,049	0.67	246	162,114	1.24	454	299,186	1.69	619	516,587
<b>Total</b>	<b>5.40</b>	<b>1970</b>	<b>1,325,246</b>	<b>5.51</b>	<b>2012</b>	<b>1,406,857</b>	<b>7.68</b>	<b>2798</b>	<b>1,912,372</b>	<b>7.33</b>	<b>2677</b>	<b>2,231,868</b>
	<b>FY 02/03</b>											
	Ave Days	Total Days Annual &Project ed	Annual & Projected \$									
Acute SD/MC	2.29	844	770,848									
Admin SD/MC	0.64	238	68,306									
Indigent Acute	1.11	408	340,670									
Indigent Admin	0.18	68	17,680									
<b>Total</b>	<b>4.22</b>	<b>1558</b>	<b>1,197,504</b>									
Annual estimated based on 6 months actual												

**Santa Cruz County 2003 Health Almanac**

# Months            6  
#Days                    184

**1. Acute Hospital**

<b>Dollars</b>		
	<u>Budget</u>	<u>Actual</u>
Medi-Cal	\$390,000	\$377,718
Indigent	\$152,500	\$167,485
Pending	\$0	\$46,649
Yet TBD	\$0	\$11,690
<i>Total:</i>	\$542,500	\$603,542

<b>Days</b>					
	<u>Budget</u>		<u>Actual</u>		
	Avg. Day	Total	Avg. Day	Total	
Medi-Cal Acute	2.16	397	2.02	371	371
Medi-Cal Admin.	0.5	92	0.65	120	120
Indigent Acute	1	184	1.03	190	190
Indigent Admin.	0	0	0.18	34	34
Pending Acute	0	0	0.29	54	54
Pending Admin	0	0	0.03	6	6
Yet To Be Determined	0	0	0.08	14	14

**2. State Hospital**

<b>Dollars</b>	
<u>Budget</u>	<u>Actual</u>
\$100,000	\$161,805

<b>Days</b>	
<u>Budget</u>	<u>Actual</u>
290	469

**3. IMD & Patch**

<b>Dollars</b>	
<u>Budget</u>	<u>Actual</u>
\$539,106	\$460,537

<b>avg. Days</b>		
	<u>Budget</u>	<u>Actual</u>
IMD	18	16.1
Crestwood Patch	5	5.8
Rose Acre Patch	10	10

<b>Overall Dollars</b>		
<i>(Acute Hosp., State Hosp., IMD &amp; Patches)</i>		
<u>Budget</u>	<u>Actual</u>	<u>Difference</u>
\$1,181,606	\$1,225,884	-\$44,278

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Team	Hospital Episodes	Hospital Days Paid MediCal	Hospital Days Paid Indigent	Ratio of Hospital Days Compared to # of MediCal & Indigent per team
CSS	10	48		0.6
NCA1	10	85	6	1.2
NCA2	5	42		0.7
SCA	4	17		0.2
TRANS	5	14	26	0.7
MOST	3	34		0.9
HOPE	10	90	17	1.2
PUENTES	3	18		0.6
OAS	3	7		0.7

Facility	Hospital Episode	Hospital Days Paid	Ratio of Hospital Days Compared to # Percentage of MediCal in the Program
DARWIN	1	7	0.8
EDCRES	18	122.3	17.5
FRONT	4	0	0
OPAL	1	15	2.1
PALOMA	3	1	0.3
SEVENTH	3	19	3.2
T-HOUSE	1	0	0
WILLOW BROOK	3	39	2.4

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### Santa Cruz County Mental Health and Substance Abuse Services

<http://www.santacruzhealth.org/cmhs/2cmhs.htm>

### Behavioral Health Web Links

<http://www.santacruzhealth.org/resources/2cmhresources.htm>

### Santa Cruz County Children's Mental Health - 13 Year Anniversary Report of Santa Cruz County Children's Interagency System of Care -

<http://www.santacruzhealth.org/pdf/MHKids13yr.pdf>

### Ever Saw a Medical Health Professional for a Mental or Emotional Condition by Total and Gender (Adult) CHIS 2001

	Saw Health Professional for Emotional/Mental Condition	
	Yes	No
California--Total	7.6	92.4
Santa Cruz --Total	13.3	86.7
California--Male	5.7	94.3
Santa Cruz--Male	11.0	89.0
California--Female	9.3	90.7
Santa Cruz--Female	15.5	84.5

### Ever Saw a Medical Professional for a Mental or Emotional Condition by Race/Ethnicity (Adult) CHIS 2001

	Saw Health Professional for Emotional/Mental Condition	
	Yes	No
California--White	9.9	90.1
Santa Cruz --White	14.9	85.1
California--Black	8.2	91.8
Santa Cruz --Black	.	100.0
California--Latino	3.8	96.2
Santa Cruz --Latino	*7.7	92.3
California--Asian	3.5	96.5
Santa Cruz --Asian	.	92.5
California--Am. Ind.	11.7	98.3
Santa Cruz --Am. Ind.	.	.
California--Other	7.2	92.8
Santa Cruz --Other	*14.8	85.2

\*Statistically unstable

## Santa Cruz County 2003 Health Almanac

### Ever Saw a Medical Health Professional for a Mental or Emotional Condition by Poverty Level (Adult) CHIS 2001

	Saw Health Professional for Emotional/Mental Condition	
	Yes	No
California--0 - 99%	6.7	93.3
Santa Cruz --0 - 99%	16.2	83.8
California--100 - 199%	6.1	93.9
Santa Cruz --100 - 199%	16.0	84.0
California--200 - 299%	6.7	93.3
Santa Cruz --200 - 299%	*15.8	84.2
California--300%+	8.5	91.5
Santa Cruz --300%+	16.4	88.6

\* Statistically unstable