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HOTLINES

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American Red Cross .....462-2881
California SIDS Program .....(800) 369-7437
California’s Smokers Helpline .....(800) 662-8887
California Youth Crisis Line .....(800) 843-5200
Child Protective Services ..... 454-2273 or (877) 505-3299
Community Food Hotline .....662-0991
Monarch Services for domestic violence or sexual assault.....(888) 900-4232
Mental Health Crisis Intervention Santa Cruz County .....(800) 952-2335
Narcotics Anonymous .....429-7436
Parental Stress Hotline .....Santa Cruz: 426-7322 or Watsonville: 724-2879
Poison Control-24 Hours of Service .....(800) 222-1222 TDD: (800) 972-3323
Psychiatric Emergency .....600-2800 or 800-952-2335
Shelter Project/Community Action Board .....457-1741 ext 210
Suicide Prevention -24 Hours of Service ..... (800) 784-2433 or (800) 273-8255
Walnut Ave. Women's Center .....426-3062 after 5pm (866) 269-2559
Youth Services Santa Cruz: 429-8350 ext 0

WARMLINES / INFORMATION LINES

Call 2-1-1 (or 800-273-6222) 24/7 for information and referral of food, shelter, childcare, healthcare, disaster response, disability services, employment assistance and more.

Family Therapist Referral Line .............................................. 429-7786
Health Information Nurse Line ............................................. 454-4339
La Leche League of Santa Cruz County ....................... 425-3088
Metro Bus Service Information ......................................... 425-8600
Mother to Baby medication risk information ................. (866) 626-6847
New Life Community Services ....................................... 427-1007
Nursing Mothers Counsel .................................................. 688-3954
Parents Center ............................................................... 426-7322 or 724-2879
Positively Parenting Warmline ........................................ 476-7284 x104
Postpartum Support International .....................................(800) 944-4773
U.S. Consumer Product Safety ........................................... (800) 638-2772
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ACCESS FOR INFANTS AND MOTHERS (AIM)
aka MEDI-CAL ACCESS PROGRAM (MCAP)  800-433-2611  Fax: 1 (888) 889-9238
Website: www.aim.ca.gov

Services: Provides low cost health insurance to pregnant women and their infants including prenatal visits, hospital delivery, and full care during pregnancy and for 60 days after the pregnancy. Also covers full health care services to the baby born from the pregnancy for the first two years of life.

Eligibility / Fee: Family income of 200- 300% of federal poverty level. Premium of 1.5% of annual income. Call for further information.

Language Spoken: English, Spanish & 8 other languages including Vietnamese & Cambodian.

Area Served: All of California

ALCANCE - Community Action Board; formerly Women’s Ventures program
406 Main St., Suite 202 | Watsonville, CA 95076  763-2147  Fax: 724-0200
Email: ErinNS@cabinc.org  Website: http://www.cabinc.org/ALCANCE

Services: employment readiness workshops, one-one support, resume writing, interview preparation, onsite and community presentations, job placement, retention assistance, vocational training, life skills and asset development, leadership development.

Eligibility / Fee: Adults who are on CalWORKS, are must be over 18 yrs or older, are unemployed or are struggling to make ends meet. Income assessment needed for eligibility. Application requires.

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.

ALCOHOLICS ANONYMOUS
5732 Soquel Dr. | Soquel, CA 95073  475-5782  Fax: 475-5781
Website: www.aasantacruz.org

Services: Weekly 12-step meetings conducted by and for community members who support each other in being clean and sober. 230 meetings per week throughout county.

Eligibility / Fee: None, contributions welcome.

Language spoken: English & Spanish.

Area Served: All of Santa Cruz County.

ALTO COUNSELING CENTER - Encompass Community Services
716 Ocean St. Suite 200 | Santa Cruz, CA 95060  423-2003
585 B Auto Center Drive | Watsonville, CA 95076  728-2233
Website: http://www.encompasscs.org/community-recovery-services/alto-counseling-center

Services: Outpatient chemical dependency programs, including DUI, employee assistance, domestic violence & drug diversion; prevention, early intervention & treatment; public presentations, training & consultation, prop 36, anger management.

Eligibility / Fee: Sliding scale, costs vary by program.

Language spoken: English & Spanish.

Area Served: All of Santa Cruz County.

AMERICAN RED CROSS, Santa Cruz Chapter
2960 Soquel Ave | Santa Cruz, CA 95062  462-2881  Fax: 462-5996
Website: www.sccredcross.org

Services: Adult, child and infant CPR, pediatric first aid and child care health and safety classes, disaster preparedness information, emergency shelter, transportation for children & seniors needing out-of-county services.

Eligibility / Fee: Varies, some scholarships available.

Languages Spoken: English/ Spanish.

Area Served: All of Santa Cruz County.
BEACH FLATS CLINIC – Salud Para La Gente Clinic
302 Riverside Ave. | Santa Cruz, CA 95060  423-0222
Website: www.splg.org
Services: Pediatrics, Family Practice, Internal Medicine, Dental, call for more information.
Eligibility / Fee: Medi-Cal, insurance, sliding scale, some no fee.
Languages Spoken: English & Spanish.
Area Served: North Santa Cruz County.

BEHAVIORAL HEALTH SERVICES - County of Santa Cruz Health Services Agency
Psychiatric Emergency Services | 2250 Soquel Ave | Santa Cruz, CA 95062
24-hour non-crisis line: (800) 952-2335
Website: Crisis Stabilization http://www.telecarecorp.com/programs/147 600-2800
Psychiatric Health Facility http://www.telecarecorp.com/programs/148  600-2801
Eligibility / Fee: Medi-Cal & insurance accepted or fee based on income and resources.
Languages Spoken: English & Spanish as available.
Area Served: All of Santa Cruz County.

BIRTH NETWORK
PO Box 3629 | Santa Cruz, CA  95063-3629  425-3373
Website: www.birthnet.org
Services: Information and resources on Mother-Friendly childbirth services for pre- and post-natal care, hospital, home birth, and other practitioners in Santa Cruz County. Pregnancy information. Free. Call for more information. Look for upcoming events on the website.
Eligibility / Fee: None, optional membership.
Language Spoken: English, some materials available in Spanish.
Area Served: All of Santa Cruz County.

CABRILLO COLLEGE DENTAL HYGIENE CLINIC
6500 Soquel Dr., Bldg. 600 | Apts, CA  95003  479-6431  Fax: 477-5687
Website: www.cabrillo.edu/academics/dentalhygiene  Email: cabrillodental@cabrillo.edu
Services: Provides dental cleaning, x-rays, and sealants, preventive dental support for adults and children.
Eligibility / Fee: Assessments - $10.00; X-Rays - $10-35.00; Cleaning- $ 40.00/ 60.00/ 80.00
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County, Monterey, Santa Clara, and San Benito Counties

CAL-FRESH PROGRAM (aka Food Stamps; Cal-Works) County of Santa Cruz Human Services Department
1020 Emeline Ave, Bldg B | Santa Cruz, CA 95060  454-4165  Fax: 454-4866
18 W. Beach St. | Watsonville, CA 95076  763-8500  Fax: 763-8503
Website: http://santacruzhumanservices.org/EmploymentBenefits/CalFresh(FoodStamps)/WhatIsCalFresh.aspx
Online application: www.mybenefitscalwin.org
Services: Electronic Benefit Transfer (EBT) card for purchase of selected food items provided to low-income families.
Eligibility / Fee: Residence, family & income criteria, no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

CAL-LEARN- County of Santa Cruz Human Services Department
18 W. Beach St.| Watsonville, CA  95076  763-8700  Fax: 763-8703
Website: http://www.cdss.ca.gov/cdssweb/PG84.htm
Services: Case management to pregnant and parenting teens on Cal-Works so that they can complete high school / GED; child care, transportation & ancillary support, and monetary incentives.
Eligibility / Fee: Enrollment in Cal-Works, no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County
CAL-WIN
Online application: www.mybenefitscalwin.org
Services: Online application for Cal-Fresh, Cal-Works, and Medi-Cal
Eligibility / Fee: Residence, family & income criteria, no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

CALIFORNIA CHILDREN’S SERVICES (CCS) County of Santa Cruz Health Services Agency
1430 Freedom Blvd, Suite 101 | Watsonville, CA 95076 763-8000 Fax: 763-8410
PO Box 962 | Santa Cruz, CA 95061 | 454-2540
Website: http://santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/ChildrensMedicalServices/CaliforniaChildrenServices(CCS).aspx
Services: Provides for specialized medical care, occupational therapy & physical therapy, and medical case management for children who meet criteria; may cover amniocentesis if fetus at risk.
Eligibility / Fee: CCS eligible condition, birth through 20 years old, California resident. Possible fee if over 200% of poverty.
Languages Spoken: English & Spanish/Tagalog
Areas Served: All of Santa Cruz County.

CALIFORNIA RURAL LEGAL ASSISTANCE (formerly Legal Aid of the Central Coast)
21 Carr St. | Watsonville, CA 95067 724-2253 Fax: 724-7530
1740 17th Ave. | Santa Cruz, CA 95062 724-2253 Fax: 458-1140
Website: www.crla.org
Services: Assistance in civil & housing law, obtaining public benefits, bankruptcy referral, education & other legal matters.
Eligibility / Fee: County resident, under age 55 years, very low income, no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County, San Benito, and Hollister counties.

CALIFORNIA SUDDEN INFANT DEATH SYNDROME PROGRAM 800-369-7437
SAFE TO SLEEP training and resources, County of Santa Cruz 454-4339
Services: SIDS education, resource & referral information, technical assistance/consultation including risk-reduction, professional & facilitator/peer training, and support for families and others.
Eligibility / Fee: None. Languages Spoken: English, Some materials available in 14 languages.
Area Served: Statewide

CATHOLIC CHARITIES OF MONTEREY
217 East Lake Avenue | Watsonville, CA 95076 431-6939
Immigration and Citizenship phone: 422-0602
Website: http://catholiccharitiescentralcoast.org/
Services: Family and individual counseling, assistance with immigration process, assistance and referrals for rent, food, clothing, transportation needs, utility shutoff and lodging.
Eligibility / Fee: sliding scale, some services are FREE, and ability to pay.
Languages Spoken: English & Spanish.
Areas Served: Santa Cruz, Monterey, San Benito, and San Luis Obispo counties.

CHILD DEVELOPMENT RESOURCE CENTER (CDRC) / CHILD CARE SWITCHBOARD
400 Encinal St. | Santa Cruz CA 95060 466-5820 Fax 466-5846
521 Main St., Suite Y | Watsonville, CA 95076 724-2997 Ext.210
Website: www.cdrc4info.org
Services: Child care referrals and information, including payment assistance programs; licensing and program planning information, professional & parent trainings, workshops, conferences and resources; advocacy.
Eligibility / Fee: None.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.
CHILD HEALTH AND DISABILITY PREVENTION (CHDP) County of Santa Cruz Health Services Agency
1430 Freedom Blvd., St.101 | Watsonville CA 95076 763-8100 Fax: 763-8410
P O Box 962 | Santa Cruz, CA 95061-0962
Website:http://santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/ChildrensMedicalServices/ChildHealthandDisabilityPrevention(CHDP).aspx

Services: Referrals to free periodic well child exams and limited follow-up treatment for children and youth of low-moderate income families; child health and resource information to families.

Eligibility / Fee: Medi-Cal income at 200% of poverty or below, or enrolled in Head Start program. Free

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.

CHILD PROTECTIVE SERVICES - County of Santa Cruz Human Services Department
1400 Emeline Ave. | Santa Cruz CA 95060 454-4222 Fax: 454-4717
12 West Beach St. | Watsonville CA 95076 763-8700
CPS Report Line: 454-2273 (877) 505-3299
Website:http://santacruzhumanservices.org/FamilyChildren/ChildProtectiveServices/WhatisChildProtectiveServices.aspx

Services: Investigation of reports of suspected child abuse and neglect, child risk assessment and family services; foster care and public agency adoption services.

Eligibility / Fee: None.

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.

CHILDHOOD LEAD POISONING PREVENTION PROGRAM County of Santa Cruz Health Services Agency
1060 Emeline Ave. Building F. | Santa Cruz, CA 95060 454-4432 Fax: 454-5049
http://santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/ChildhoodLeadPoisoningPreventionProgram.aspx

Services: Prevention education and outreach, blood lead testing information and referral, case management of children with high lead levels, consumer information.

Eligibility / Fee: None.

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.

CHILDREN'S BEHAVIORAL HEALTH SERVICES County of Santa Cruz Health Services Agency
1400 Emeline Ave, Bldg K. | Santa Cruz CA 95060 454-4900 Fax: 454-4920
1430 Freedom Blvd. | Watsonville, CA 95076 763-8990
Access number for referrals: (800) 952-2335
http://santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth/ChildandAdolescentMentalHealthServices.aspx

Services: Behavioral health assessments; individual, group and family therapy, family support, evaluation for psychiatric hospitalization, school based day treatment, treatment for Severely Emotionally Disturbed (SED) children, adolescents & families.

Eligibility / Fee: Medi-Cal, insurance and sliding fee scale accepted.

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.

CHRONIC DISEASE AND INJURY PREVENTION PROGRAMS County of Santa Cruz Health Services Agency
1070 Emeline Ave., Bldg. G | P. O. Box 962 | Santa Cruz, CA 95061 454-4141 Fax: 454-5048
Website: http://www.santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/CommunityHealthEducation.aspx

Services: Prevention programs include tobacco education, information and referrals, nutrition, bicycle and pedestrian safety, child passenger safety; SEATS for KIDS programs; syringe services.

Eligibility / Fee: None.

Languages Spoken: English & Spanish.

Area Served: All of Santa Cruz County.
CLINICA DEL VALLE DEL PAJARO – Salud Para La Gente Clinic
45 Nielson St. | Watsonville, CA 95076 728-0222
Website: www.splg.org
Services: Pediatrics, Family Practice, Internal Medicine, Dental, ObGyn/Women's Health, Behavioral Health
Eligibility / Fee: Medi-Cal, insurance, sliding scale, some no fee.
Languages Spoken: English & Spanish.
Area Served: South Santa Cruz and north Monterey counties.

COCAINE ANONYMOUS
Website: http://www.norcalca.com/schedules/SantaCruz.asp
Services: 12-step groups/meetings for those who want to stop using cocaine and all other mood altering substances, including alcohol and marijuana, & peer support.
Eligibility / Fee: None, contributions welcome.
Languages Spoken: English.
Area Served: All of Santa Cruz County.

COMMISSION FOR THE PREVENTION OF VIOLENCE AGAINST WOMEN - City of Santa Cruz
809 Center St. Room 10 | Santa Cruz, CA 95060 420-5363 Fax: 420-5031
Email: cpvaw@cityofsantacruz.com
Services: To make ending violence against women the highest priority in the City of Santa Cruz; to ensure collaboration with other public and private agencies to support existing programs and support the development of new programs as needed; to facilitate meaningful citizen participation in the work of the Commission; to continue to work with law enforcement to develop strategies for the successful prosecution and conviction of the crimes of violence against women. Programs include self-defense classes for women and girls and the Safe Place Network program. Events and programs are scheduled throughout the year to raise awareness and provide information/education regarding violence against women. Meets typically the first Wednesday of each month at 6:45 pm in the SC City Council Chambers.
Eligibility / Fee: None. Small fee for self-defense classes. Low cost for women and girls.
Languages Spoken: English
Area Served: Primarily city of Santa Cruz, but all county residents are welcome.

COMMUNITY ACTION BOARD (CAB)
406 Main St., St.207 | Watsonville CA 95076 763-2147
Website: http://www.cabin.org
Services: Programs offered through CAB include: Shelter Project, Energy Services, Women’s Ventures Program, Santa Cruz County Immigration Project, Davenport Resource Services Center, Natural Resources & Employment, and Coalition for a Living Wage and Youth Community Restoration Project.
Eligibility / Fee: Call for information, no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

CONFLICT RESOLUTION CENTER OF SANTA CRUZ COUNTY –
Santa Cruz County: Conflict Resolution & Diversity Life Skills Ed. Project
P.O. Box 187 | Soquel, CA 95073-6117 475-6117
Website: www.crcsantacruz.org Email: info@crcsantacruz.org
Services: Works with parents & caregivers to help guide children to learn to deal with conflict and diversity creatively and constructively: workshops, on-going support & play groups.
Eligibility / Fee: Sliding scale.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.
### COUNTY OF SANTA CRUZ HUMAN SERVICES DEPARTMENT

1020 Emeline Ave. | Santa Cruz, CA 95060  
18 West Beach St. | Watsonville, CA 95076  

**Website:** [http://www.santacruzhumanservices.org/](http://www.santacruzhumanservices.org/)

**Services:** Medi-Cal for prenatal care services, food stamps, financial assistance (formerly AFDC).

**Eligibility / Fee:** Residence, family & income criteria, no fee. Assessment Needed

**Languages Spoken:** English & Spanish.

**Area Served:** All of Santa Cruz County.

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### COVERED CALIFORNIA

**Website:** www.coveredca.com  
888-421-8080

County office: 1020 Emeline Ave | Santa Cruz, CA 95060

**Services:** Online enrollment for health insurance. Assistance and resources available. Compare affordable, quality health insurance options, and choose what best fits your needs.

**Area Served:** All of California (website), all of Santa Cruz County (Emeline office)

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### DAVENPORT RESOURCE SERVICES CENTER

150 Church St. | P.O. Box 97 | Davenport, CA 95017  

**Website:** [http://www.cabinc.org/drsc](http://www.cabinc.org/drsc)

**Teen Center:** M-F 3:30pm-7:30pm; Tues. Closed

**Services:** food & commodities distribution, information and referral, transportation (very limited), periodic immunization clinics, art & recreation classes for children, teen center, senior programs.

**Eligibility / Fee:** None.

**Languages Spoken:** English & Spanish.

**Area Served:** Davenport, north coast area.

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### DIENTES! COMMUNITY DENTAL CLINIC

1830 Commercial Way | Santa Cruz, CA 95065  

**Website:** [www.dientes.org](http://www.dientes.org)

**Services:** Comprehensive dental services for low-income people. Professional dentists and hygienists on staff to perform routine, preventive, and emergency dental treatment.

**Eligibility / Fee:** Medi-Cal, reduced fee private pay.

**Language:** English & Spanish.

**Area Served:** All of Santa Cruz County.

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### DOMINICAN HOSPITAL Dignity Health

1555 Soquel Dr. | Santa Cruz, CA 95065  

**Website:** [www.dominicanhospital.org](http://www.dominicanhospital.org)

**Services:** emergency and inpatient including Labor & Delivery, pre- & post-partum mother and newborn care, Level III Neonatal Intensive Care, and Pediatrics. Free, drop-in mother-baby support group. Free, drop-in “Beyond the Blues” support group for moms with depression and anxiety.

**Eligibility / Fee:** Medi-Cal, insurance, private pay.

**Languages Spoken:** all, via AT&T Language Line

**Area Served:** All of Santa Cruz County.

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### DOMINICAN HOSPITAL LACTATION CENTER

8030 Soquel Ave. Suite 104 | Santa Cruz, CA 95062  

**Website:** [http://www.dominicanhospital.org/Medical_Services/Family_Birthing_Center/052802](http://www.dominicanhospital.org/Medical_Services/Family_Birthing_Center/052802)

**Services:** Lactation consultation, breastfeeding supplies, breast pumps, nursing breast, and other products. Free, drop-in support groups for mothers and babies, and for breastfeeding.

**Eligibility / Fee:** Variable, services may be covered by some insurance, including Central California Alliance for Health and Medi-Cal. Support group is free.

**Languages Spoken:** AT&T Language Line Service.

**Area Served:** All of Santa Cruz County.
EAST CLIFF FAMILY HEALTH CENTER
21507 East Cliff Drive | Santa Cruz, CA 95062 427-3500
Website: https://www.schealthcenters.org/services/east-cliff-family-health-center/
Services: Serves men, women, and children through primary care, pediatric services, pregnancy testing, family planning, prenatal care and education, childbirth classes, mental health counseling (group and individual counseling), health education. Assistance for Covered CA, Medi-Cal and CalFresh enrollment and renewal.
Eligibility / Fee: Medi-Cal, Healthy Kids, Anthem Blue Cross, Blue Shield, Health Net, FamPact, and sliding scale.
Languages Spoken: English, Spanish
Area Served: All of Santa Cruz County

FAMILIES IN TRANSITION
2941 Park Ave. Unit D | Soquel CA 95073 458-7124 Fax: 728-9793
406 Main St., ST.326 | Watsonville, CA 95076 728-9791 Fax: 728-9793
Website: www.fitsantacruz.org
Services: Housing & rental assistance, employment, training & education plan, counseling, child care, parenting education, budgeting and other social services for homeless families.
Eligibility / Fee: Homeless families or at risk of becoming homeless, referred by agency/program. No fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

FAMILY HEALTH UNIT
County of Santa Cruz Health Services Agency
1060 Emeline Ave., Bldg. F | Santa Cruz, CA 95060
Health Information Nurse Line 454-4339 Fax: 454-5049
Website: http://www.santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/FamilyHealthPrograms.aspx
Services: Case management, home visits, education & support for high risk pregnancy and drug-exposed or medically high risk infants and teen parents, health information and referrals to community resources, Comprehensive Perinatal Services Program.
Eligibility / Fee: Call for eligibility requirements, no fee.
Language Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

FAMILY SERVICE AGENCY OF THE CENTRAL COAST
104 Walnut Ave. Suite 208 | Santa Cruz, CA 95060 423-9444 Fax: 423-1532
11-D Alexander St. | Watsonville, CA 95076 728-9970 x 200 Fax: 728-9971
Crisis Line: 458-5300 or toll free (877) 663-5433
Website: www.fsa-cc.org
Services: Counseling services for parents, adults and children including an evaluation and treatment program for children under six years old and their families.
Eligibility / Fee: Sliding scale, Medi-Cal Behavioral Health Plan by County referral only, Healthy Kids.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

GEMMA (caring for women in transition)
716 Ocean St. Suite 170 | Santa Cruz, 95060 423-2003
Website: http://www.encompasscs.org/community-recovery-services/gemma
Services: GEMMA’s Day Program is a 9-week series of diverse life skills classes, preparing women in jail for their reentry. Classes take place approximately 12 hours per week at a learning location outside of the jail. The Residential Program, Residents are women who have graduated from the Gemma Day Program and who would otherwise be homeless after jail.
Eligibility / Fee: Currently only women at the Blaine St. minimum-security jail are eligible for participation in the Day Program.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.
GREEN VALLEY CLINIC – Salud Para La Gente Clinic
280 Green Valley Road. | Watsonville, CA 95076 722-2666

Website: www.splg.org
Services: ObGyn/Women’s Health
Eligibility / Fee: Medi-Cal, insurance, sliding scale, some no fee.
Languages Spoken: English & Spanish.
Area Served: South Santa Cruz and north Monterey counties.

HAND - Help After Neonatal Death: Santa Cruz Chapter
Mailing address: 15 Kerry Court Scotts Valley | CA 95066 438-4513
Meetings held at Congregational Church of Soquel Ann Hutchinson Room 4951 Soquel Dr. | Soquel, 95073
Website: www.handsupport.org
Services: Peer support group meetings for parents, family members and friends of stillborn, miscarriage, interruption of unwanted pregnancy and newborn deaths. Telephone support/counseling.
Eligibility / Fee: None.
Languages Spoken: English. Phone support in Spanish can be arranged.
Area Served: All of Santa Cruz County.

HEAD START – Encompass Community Services
225 Westridge Dr. | Watsonville, CA 95076 688-3802
Website: http://www.encompasscs.org/child-and-family-development/head-start
Services: Child development program serving low-income families with children 0-5 yrs. Center-based services and home visiting options. Comprehensive family support services, prenatal support services through the Early Head Start program.
Eligibility / Fee: Call for eligibility requirements; children with special needs and foster children given special consideration for enrollment; no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

HEALTHY START CENTERS - Pajaro Valley Unified School District

Children’s Resource Center
440-A Arthur Rd.
Watsonville, CA 95076
761-6125 Fax: 761-6130

Pajaro Family Resource Center Middle School
250 Salinas Rd. Portable #1
Watsonville CA 95076
761-6633 Fax: 761-6042

Starlight Resource Center
225 Hammer Dr. Room 31
Watsonville, CA 95076
728-6979 ext. 5631

Teen Resource Center Watsonville High
250 E. Beach St.
Watsonville, CA 95076
761-6131 Fax: 728-6247

Pajaro Valley High Resource Center
500 Harkin Slough Rd. Building A
Watsonville, CA 95076
728-7892 Fax: 728-6931

Starlight Resource Center
225 Hammer Dr. Room 31
Watsonville, CA 95076
728-6979 ext. 5631

Website: http://www.pvusd.net/cms/page_view?d=x&pid=1309615215212
Services: Services vary at each site; call for information. Some services include: CHDP health exams; preventive and restorative dental services; immunizations; health insurance enrollment; information and referral; car seat program (Pajaro Resource Center only) Students in Transition, Medi-Cal for families, Healthy Kids
Eligibility / Fee: Vary at each site. Please call for information
Languages Spoken: English & Spanish.
Area Served: South County, PVUSD area
**HOMELESS PERSONS HEALTH PROJECT (HPHP)** - County of Santa Cruz Health Services Agency  
115 A. Coral St. | Santa Cruz, CA 95060  
Toll free: 866-731-4747  
Fax: 454-3424  
Website: http://www.santacruzhealth.org/HSAHome/HSADivisions/ClinicServices/HomelessPersonsHealthProject.aspx  
**Services:** Community & St.-based outreach - primary health assessments & hands-on care by nurses, short-term medical coverage, referrals and linkage to other services, including behavioral & medical health care and substance abuse treatment; basic health care clinic hours by nurse appointment.  
**Eligibility / Fee:** Homeless / None  
**Languages Spoken:** English & Spanish  
**Area Served:** All of Santa Cruz County

**HOUSING INFORMATION** Santa Cruz County resources  
Website: http://php.santacruzpl.org/cid/public/quicklists.php?name=Housing  
Updated by the Public Library, with links for Affordable Housing, Domestic Violence, Shelters, Emergency Housing, Homeless Services, Transitional and Veterans  
**Area Served:** All of Santa Cruz County

**IMMIGRATION PROJECT of Santa Cruz County (SCCIP)** - Community Action Board  
406 Main St., Room 217 | Watsonville, CA 95076  
Website: http://www.cabinc.org/sccip  
**Email:** doug@cabinc.org  
**Services:** Full range of immigration services & advocacy for low income including citizenship applications and preparation, family petitions, green card and work permit renewals, and other INS-required forms.  
**Eligibility / Fee:** No fee, donation welcome  
**Languages Spoken:** Spanish and English  
**Area Served:** All of Santa Cruz County

**IMMUNIZATION CLINICS** - County of Santa Cruz Health Services Agency  
1080 Emeline Ave. | Santa Cruz CA 95060  
9 Crestview Ave. | Watsonville, CA 95076  
Website: http://www.santacruzhealth.org/HSAHome/HSADivisions/ClinicServices/ImmunizationServices.aspx  
**Services:** Vaccinations for children and adults, information about immunizations including vaccine safety.  
**Eligibility / Fee:** Medi-Cal, minimal fee per child or family  
**Languages Spoken:** English & Spanish.  
**Area Served:** All of Santa Cruz County

**JANUS (of Santa Cruz)**  
200 Seventh Ave. Suite 150 | Santa Cruz, CA 95062  
Website: http://www.janussc.org  
**Toll free:** 866-526-8772  
**Services:** Assessment, detoxification, residential treatment, outpatient, day treatment, family program, relapse prevention, aftercare, perinatal program (3 years and under, child care provided (4years and under), Inpatient (90 days) services, pregnant and postpartum), transitional housing, DUI classes. Outpatient services for pregnant and parenting women 18 years old and older  
**Eligibility / Fee:** insurance, private pay, sliding scale.  
**Language Spoken:** English & Spanish.  
**Area Served:** All over, including: Santa Cruz, Monterey, San Benito counties

**JANUS COMMUNITY CLINIC**  
1000-A Emeline Ave. | Santa Cruz, CA 95060  
Website: http://www.janussc.org/treatment/opiate.html  
**Services:** Methadone treatment, opiate and maintenance services.  
**Eligibility / Fee:** Maintenance: $450/month (Low Income: $375/month) with a one-time $200 administration fee. Medi-Cal accepted for maintenance only.  
**Languages Spoken:** English & Spanish.  
**Area Served:** All of Santa Cruz County.
<table>
<thead>
<tr>
<th>JANUS PERINATAL (formerly Mondanaro-Baskin Center for Women and Children)</th>
<th>516 Chestnut Ave.</th>
<th>Santa Cruz, CA 95060</th>
<th>423-9015</th>
<th>Fax: 423-9098</th>
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<tr>
<th>JESUS, MARY &amp; JOSEPH HOME</th>
<th>132 Lennox St.</th>
<th>Santa Cruz, CA 95060</th>
<th>459-6712</th>
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</thead>
<tbody>
<tr>
<td>Website: <a href="http://www.stfrancissoupkitchen.org/jmj.html">http://www.stfrancissoupkitchen.org/jmj.html</a></td>
<td>Services: Up to 6 months live-in shelter for single women and single moms with children, including meals. Referrals to other services.</td>
<td>Eligibility / Fee: Must be drug/alcohol-free. Depends by case.</td>
<td>Language Spoken: English &amp; Spanish.</td>
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<tr>
<th>LA LECHE LEAGUE of Santa Cruz County</th>
<th>425-3088</th>
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<tr>
<td>Website: <a href="http://www.lllnorcal.org/groups/SantaCruzCA.html">www.lllnorcal.org/groups/SantaCruzCA.html</a></td>
<td>Email: <a href="mailto:LLLofSantaCruz@gmail.com">LLLofSantaCruz@gmail.com</a></td>
</tr>
<tr>
<td>Services: Breastfeeding education, information and support through phone contact, email, monthly meetings, and lending library; topics include breastfeeding, pregnancy, birth, and parenting.</td>
<td>Eligibility / Fee: None, optional membership</td>
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<tr>
<td>Language Spoken: English, written materials in Spanish</td>
<td>Area Served: All of Santa Cruz County</td>
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</tbody>
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<thead>
<tr>
<th>LA MANZANA COMMUNITY RESOURCE CENTER</th>
<th>724-2997</th>
<th>Fax: 724-2915</th>
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<tbody>
<tr>
<td>Website: <a href="https://communitybridges.org/lmcr/">https://communitybridges.org/lmcr/</a></td>
<td>Services: Comprehensive information and referral, health and nutrition education and support, parent classes and support, home visiting, education and economic self-reliance workshops and support, bi-lingual literacy center, child passenger safety program, health insurance access, citizenship assistance, advocacy, community activities, family leadership development.</td>
<td>Eligibility / Fee: No fee, donations welcome.</td>
</tr>
<tr>
<td>Languages Spoken: English &amp; Spanish.</td>
<td>Area Served: Primarily South Santa Cruz County and Pajaro</td>
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<tr>
<th>LAWYER REFERRAL SERVICE OF SANTA CRUZ COUNTY</th>
<th>425-4755</th>
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<tr>
<td>Services: Provides legal services at a reasonable fee. For $50, an appointment can be arranged for clients to meet with a lawyer appropriate for needs. The meeting is for up to 1/2 hour of legal advice.</td>
<td>Languages Spoken: Staff only speaks English, so an interpreter is needed for the initial call, but staff is able to book many appointments with attorneys who either speaks Spanish or who have Spanish-speaking staff.</td>
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<td>Area Served: All of Santa Cruz County</td>
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</tbody>
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<thead>
<tr>
<th>LIVE OAK FAMILY RESOURCE CENTER</th>
<th>476-7284</th>
<th>Fax: 476-2769</th>
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<tbody>
<tr>
<td>Website: <a href="http://communitybridges.org/locr/">http://communitybridges.org/locr/</a></td>
<td>Services: Information and links to community services, health care enrollment assistance, 2nd Harvest food distribution site, health screenings, free onsite ESL, tutoring and teen programs, summer sports program, family home visits and other assistance.</td>
<td>Eligibility / Fee: Many no-cost, some sliding scale</td>
</tr>
<tr>
<td>Languages Spoken: English &amp; Spanish; many parenting programs conducted in Spanish.</td>
<td>Area Served: The greater Live Oak Area, Santa Cruz, and Capitola</td>
<td></td>
</tr>
</tbody>
</table>
MEDI-CAL - County of Santa Cruz Human Services Department
1020 Emeline Ave. Building B | Santa Cruz CA 95060 454-4165  Fax: 454-4092
18 W. Beach St. | Watsonville, CA 95076 763-8500
Website: www.hsd.co.santa-cruz.ca.us  Online application: http://www.mybenefitscalwin.org/web/consortium/home
Services: Expedited Medi-Cal health coverage for prenatal care services; Medi-Cal coverage for low-income children and families.
Eligibility / Fee: Residence, family & income criteria, no fee or share of cost for pregnancy.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County

MEDI-CRUZ - County of Santa Cruz Health Services Agency
1080 Emeline Ave. Room 101 | Santa Cruz CA 95060 454-4070  Fax: 454-4896
9 Crestview Dr. | Watsonville, CA 95076 763-8033  Fax: 763-8237
Website: http://www.santacruzhealth.org/HSAHome/HealthBenefitPrograms/MediCruzSpecialtyProgram.aspx
Services: Limited coverage of medical services for undocumented persons not eligible for Medi-Cal.
Eligibility / Fee: Drop-in appointments.  No fee or minimal share of cost. Please call for more information.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

MIGRANT HEAD START - Pajaro Valley Unified School District
294 Green Valley Rd. | Watsonville, CA 95076 728-6955  Fax: 728-6998
Website: http://www.santacruz.k12.ca.us/ed_services/migrant_headstart.html
Services: Child development program serving migrant farm worker families with children 6 weeks to 6 years old. Center-based and family day care home options. Family support, education and advocacy.
Eligibility / Fee: Call for eligibility requirements; children with disabilities given special consideration for enrollment; no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

MONARCH SERVICES –formerly Defensa de Mujeres/Women’s Crisis support
233 East Lake Ave | Watsonville CA 95076 722-4532  Fax: 722-4990
1685 Commercial Way | Santa Cruz, CA 95065 425-4030
24-hour crisis line: 888-900-4232
Website: http://www.monarchsc.org/  Email: postmaster@wcs-ddm.org
Services: Emergency shelter, crisis counseling, Emergency response to domestic violence & sexual assault survivors; advocacy; support groups; legal assistance; presentations & training; children’s services; family workshops; neighborhood outreach; community organizing; and self-defense classes.
Eligibility / Fee: Sliding scale to free, depending on ability to pay.
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County

MOTHER TO BABY CALIFORNIA
Formerly known as CTIS Pregnancy Health Information Line
University of California | San Diego School of Medicine 866-626-6847
Dept. of Pediatrics #08281 | 9500 Gilman Dr. La Jolla, CA 92093-0828
Website: www.mothertobabyca.org  Email: mothertobabyca@ucsd.edu
Services: Information on the effects of drugs and medications on fetal development, in pregnancy and breastfeeding; free pediatric exam offered to pregnant women who agree to participate in our follow-up program, and counselors will call if requested.
Eligibility / Fee: None.
Languages Spoken: English, Spanish, Tagalog
Area Served: Statewide
MOUNTAIN COMMUNITY RESOURCES
6134 Hwy. 9 | Felton, CA 95018 335-6600
Website: https://communitybridges.org/mcr/
Services: Services include health screenings, food distribution, WIC services, information & referral, weekly playgroup and parent support group, Triple P parent education.
Eligibility / Fee: No Fee
Languages Spoken: English/limited Spanish.
Area Served: San Lorenzo Valley/Scotts Valley.

NARCOTICS ANONYMOUS
Website: http://www.scnapi.org/ Information/Hotline: 429-7436
Services: 12-step meetings conducted by and for community members who want to stop use of narcotics and other mood altering substances and stay clean; peer support
Eligibility / Fee: None.
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County

NEW LIFE COMMUNITY SERVICES
707 Fair Ave. | Santa Cruz, CA 95060 427-1007 Fax: 888-474-6361
Website: www.newlifesesc.org Toll Free: 888-474-6758
Services: Substance abuse treatment; emergency homeless shelter services; case-management & referral and family counseling.
Eligibility / Fee: Sliding scale to no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

NUEVA VISTA COMMUNITY RESOURCES
Formerly known as FAMILIA CENTER and BEACH FLATS COMMUNITY CENTER
711 East Cliff Dr. | Santa Cruz CA 95060 423-5747 Fax: 423-5922
Youth Services at 133 Liebrandt | Santa Cruz, CA 95060 423-5747
Website: https://communitybridges.org/nvcr/
Services: Information, referral & follow-up to community services, interpretation & assistance in completing medical & employment forms. Food distribution twice a month, parent workshops, after-school programs. Cal-Fresh assistance and reporting.
Eligibility / Fee: None.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County, primarily north Santa Cruz County.

NURSING MOTHERS COUNSEL
P. O. Box 66634 | Scotts Valley, CA 95067 688-3954
Website: www.nursingmothers.org
Services: Volunteer over the phone breastfeeding support, information and consultation; home visits, peer counselor training. Free breastfeeding class on the second Saturday of the month, 9 am–noon, at the East Cliff Family Health Center.
Eligibility / Fee: None.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

PAJARO VALLEY LOAVES AND FISHES
150 Second St. | Watsonville, CA 95076 722-4144 Fax: 722-5269
Website: http://www.pvlloavesandfishes.org/
Services: Food pantry (food boxes & bags). Hot lunches served at 12 Noon.
Eligibility / Fee: Food pantry - I.D. card, proof of income, and address, no fee.
Languages Spoken: English & Spanish.
Area Served: South Santa Cruz County & Pajaro.
PAJARO VALLEY SHELTER SERVICES
115 Brennan St. | Watsonville, CA 95076
Website: www.PVSHELTER.org
Services: Case management. Emergency shelter for homeless women & children. Transitional housing and long term support for homeless families.
Eligibility / Fee: Shelter: none. Transitional housing: rent based on income.
Language Spoken: English & Spanish
Area Served: South Santa Cruz & North Monterey Counties.

PAPAS SUPPORTING FATHER INVOLVEMENT
225 Westridge Drive | Watsonville, CA 95076
Website: http://www.papassfi.org/
Services: Activities that strengthen family relationships, help fathers/father-figures become more involved with their children, and provide a more positive environment for the children’s social-emotional development.
Eligibility / Fee: some services free.
Language Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

PARENTS CENTER
530 Soquel Ave. | Santa Cruz, CA 95062
255 East Lake Ave. | Watsonville, CA 95076
Above phone numbers also serve as 24-hour hotlines.
Services: Counseling and educational services for families with children under 12 years, child abuse prevention and treatment services, parenting groups & classes.
Eligibility / Fee: Medi-Cal, sliding scale, insurance, some services free.
Language Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

PEP - PERSONAL ENRICHMENT PROGRAM
Dominican Santa Cruz Hospital Education Center |
610 Fredrick St Room 101 | Santa Cruz, CA 95065
Child Birth Center and Birth Center Tour
Website: https://www.dominicanhospital.org/Classes_And_Events/index.htm
Services: Childbirth preparation, exercise, health and safety classes.
Eligibility / Fee: Varies by class.
Language Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

PLANNED PARENTHOOD
Westside Clinic 1119 Pacific Ave. | Ste. 200 Santa Cruz, CA 95060
La Mariposa Clinic 398 South Green Valley Rd. | Watsonville, CA 95076
Website: http://www.plannedparenthood.org/planned-parenthood-mar-monte
Services: Pregnancy testing & counseling, family planning/birth control, abortion & vasectomy services, pediatric care, general medical care.
Eligibility / Fee: Medi-Cal, insurance, sliding scale, FamPact
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

PVUSD: CAL-SAFE TEEN PARENT PROGRAM
294 Green Valley Rd. | Watsonville, CA 95076
Services: High school classes, child development and parenting education; counseling in career and personal development.
Eligibility / Fee: Pregnant and/or parenting teens; must be under 19 years old to begin program.
Languages Spoken: English/Spanish.
Area Served: Boundaries of Pajaro Valley Unified School District
**REBELE FAMILY SHELTER** - Homeless Community Resource Center  
115 Coral St. | Santa Cruz, CA 95060  
458-6020 Ext. 1103  
**Services:** Family shelter up to six months, showers, two meals per day, referrals for other services, including mail, laundry, case management, adult counseling, health-care, job assistance, and children attend area schools.  
**Eligibility / Fee:** Must be drug/alcohol-free, no fee, refundable deposit  
**Languages Spoken:** English & Spanish  
**Area Served:** All of Santa Cruz County

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**REGALO DE AMOR LACTATION CENTER** Women, Infants & Children (WIC) Program  
18 West Lake Ave. | Suite A Watsonville CA 95076  
722-7121  
Fax: 722-8532  
1105 Water St. | Santa Cruz CA 95062  
426-3911  
Fax: 426-0437  
**Website:** [https://communitybridges.org/wic/](https://communitybridges.org/wic/)  
**Services:** Prenatal & post-partum breastfeeding information and support to WIC clients or those who meet WIC eligibility guidelines.  
**Eligibility / Fee:** None.  
**Language Spoken:** English & Spanish.  
**Area Served:** South Santa Cruz County - 95076 Zip Code area.

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**RIVER ST. SHELTER**  
115C Coral St. | Santa Cruz, CA 95060  
459-6644  
Fax: 459-0813  
**Website:** [http://www.encompasscs.org/community-support-services/river-street-emergency-shelter](http://www.encompasscs.org/community-support-services/river-street-emergency-shelter)  
**Services:** Shelter, food (breakfast & dinner); washer/dryer; drug & alcohol education/counseling, 12-step meetings, case management services toward employment/housing; referral to County Behavioral Health.  
**Eligibility / Fee:** Primarily for homeless with dual (drug & mental health) diagnosis, no fee.  
**Language Spoken:** English; Spanish - evening staff only.  
**Area Served:** All of Santa Cruz County.

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**SALUD PARA LA GENTE HEALTH CLINIC** –Main Clinic  
204 East Beach St | Watsonville, CA 95076  
728-0222  
Fax: 724-2011  
**Website:** [www.splg.org](http://www.splg.org)  
**Services:** Pediatrics, Family Practice, Internal Medicine, Dental, Eye Care, ObGyn/Women's Health including Comprehensive Perinatal Services Program, Sports Medicine, Behavioral Health.  
**Eligibility / Fee:** Medi-Cal, insurance, sliding scale, some no fee.  
**Languages Spoken:** English & Spanish.  
**Area Served:** South Santa Cruz and north Monterey counties.

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**SALVATION ARMY**  
721 Laurel St. | Santa Cruz, CA 95060  
214 Union St. | Watsonville, CA 95076  
426-8365  
Fax: 426-4370  
**Website:** [http://www.salvationarmyusa.org/usn/plugins/gdosCenterSearch?query=95060&mode=query_1&limit=20](http://www.salvationarmyusa.org/usn/plugins/gdosCenterSearch?query=95060&mode=query_1&limit=20)  
**Services:** Emergency food & clothing, PG&E assistance, emergency shelter, shower & dinner in South County only, youth programs, church every Sunday morning and evening.  
**Eligibility / Fee:** I.D. required. No fee.  
**Languages Spoken:** English & Spanish.  
**Area Served:** All of Santa Cruz county & Pajaro area.
SAN ANDREAS REGIONAL CENTER
1110 Main St. Suite 8 | Watsonville, CA 95076 728-1781 Fax: 728-5514
EARLY START PROGRAM for children 0-3 years of age (855) 370-3580
Website: http://www.sarc.org
Services: Serves children 3 years and older with developmental disabilities. Diagnosis & evaluation, prevention, advocacy, community education and training, individual program planning, infant services, respite, parent education, skill training, adult programs, adaptive equipment, residential placement/supported living options.
Eligibility / Fee: 3 years old at risk & over 3 years old - a substantially handicapping disability, including mental retardation, cerebral palsy, epilepsy, autism. No fee for most services.
Languages Spoken: English & Spanish.
Area Served: Santa Cruz, San Benito, Monterey, Santa Clara counties.

SANTA CRUZ WOMEN'S HEALTH CENTER
250 Locust St. | Santa Cruz, CA 95060 427-3500 Fax: 457-2486
Website: http://www.schealthcenters.org
Services: Serves women and children through primary care, pediatric services, pregnancy testing, family planning, prenatal care and education, mental health counseling (group and individual counseling), health education. Assistance for Covered CA, Medi-Cal and CalFresh enrollment and renewal.
Eligibility / Fee: Medi-Cal, Healthy Kids, Anthem Blue Cross, Blue Shield, Health Net, sliding scale.
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County.

SECOND HARVEST FOOD BANK
800 Ohlone Parkway | Watsonville, CA 95076 722-7110 Fax: 722-0435
Website: www.thefoodbank.org
Services: Community Food Hotline, referrals to Emergency food programs.
Eligibility / Fee: Federal poverty guidelines and residency
Language Spoken: English & Spanish
Area Served: All of Santa Cruz

SHELTER PROJECT of Community Action Board
501 Soquel Ave. St. E | Santa Cruz, CA 95062 457-1741 ext 210 Fax: 457-0617
Website: http://cabinc.org/tsp
Services: Rental assistance, motel vouchers for medical Emergency, people with HIV/AIDS, voice mail services for homeless people seeking jobs or housing or needing communication with a medical provider, advocacy & information.
Eligibility / Fee: Call for information.
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County

SIENA HOUSE MATERNITY HOME
108 High St. | Santa Cruz, CA 95060 425-2229 Fax: 425-0138
Website: www.sienahouse.org
Services: Residential program of support, education & guidance for pregnant & early postpartum women.
Eligibility / Fee: Call for eligibility requirements. No fee.
Languages Spoken: English
Area Served: All of Santa Cruz County.
SOBER LIVING ENVIRONMENTS OF SANTA CRUZ
2845 Soquel Ave | Santa Cruz, CA 95062 (men and women) 423-3890
Si Se Puede (men only, Corralitos) 761-5422
Website: http://www.encompasscs.org/community-recovery-services/sober-living-environments
Services: Referral resource for counseling, rehabilitation & recovery related services, housing for low-income individuals in a structured, drug-free living environment.
Eligibility / Fee: Call for information
Languages Spoken: English.
Area Served: Santa Cruz county & outlying areas

SPEAK UP SANTA CRUZ Perinatal mood and anxiety disorders
Please visit the website for more information about local support groups, meetings and locations.
Website: http://www.speakupsantacruz.org/
Our mission is to improve awareness of perinatal anxiety and mood disorders (PAMD) in our community, provide education and support to the facilitators of the perinatal wellness groups in Santa Cruz County, expand resources and support systems for women at risk for PAMD in our community, and provide professional development resources to increase provider screening and referral.

SPECIAL CONNECTIONS FAMILY RESOURCE CENTER
984-2 Bostwick Ln. Suite 1218 | Santa Cruz, CA 95062 464-0669
103 Herman Ave Watsonville, CA 95076
Website: http://www.santacruz.k12.ca.us/spec_ed/special_connections.html
Services: Resource, information and support for families of infants and toddlers with special needs; parent to parent support; parent education, information on early intervention and community resources.
Eligibility / Fee: Must be enrolled in the Early Start Program. 0 - 3 years of age with special needs. No fee.
Language Spoken: English & Spanish.
Area Served: Santa Cruz County and San Benito Counties

SPECIAL EDUCATION LOCAL PLAN AREA PROGRAMS - (SELP A) Special Services
294 Green Valley Rd | Watsonville, CA 95076 786-2130 Fax: 728-8107
Website: www.PVUSD.net
Services: Identification, assessment and provision of quality educational programs for children with disabilities, according to the school district area in which the family resides. An Individualized Education Program team, including the child’s parent(s), develops educational goals & objectives for the child & determines which services are needed.
Eligibility / Fee: All parents with children birth to 22 years residing within one of the school district areas. No fee. Can request an assessment and evaluation to determine eligibility for special education services.
Languages Spoken: English & Spanish
Area Served: By district area – PVUSD or North Santa Cruz County

SPECIAL PARENTS INFORMATION NETWORK (SPIN)
294 Green Valley Rd. Ste. 313 | Watsonville, CA 95076 722-2800 Fax: 722-2580
740 Front St., Ste. 175 | Santa Cruz CA 95060 423-7713
Website: www.spinsc.org
Services: Parent-directed family resource center with special needs. Provides information, training, referral resources, support, advocacy and empowerment, educational events, and mentoring.
Eligibility / Fee: None
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County
ST. FRANCIS CATHOLIC KITCHEN
205 Mora St. | Santa Cruz, CA 95060 459-6712
Website: http://www.stfrancissoupkitchen.org/kitchen.html
Services: Lunch served Mon – Fri. 12pm - 1pm. Showers available Mon. – Fri. 11pm – 12pm
Clothing provided Mon., Wed., & Fri. 11:30am - 1pm.
Eligibility / Fee: No alcohol/drugs, no fee.
Languages Spoken: English, but Spanish translators often available; all language speakers welcome.
Area Served: All of Santa Cruz County.

SUTTER LACTATION CENTER - Sutter Maternity and Surgical Center
2900 Chanticleer Ave. | 2nd Floor Santa Cruz, CA 95065-1152 477-2229 Fax: 477-2221
Website: http://www.suttersantacruz.org/programs/clinical/programs_clinical_lactation.html
Services: Lactation counseling & education, sales & rental of breast pumps, breastfeeding support products, video & book lending library, drop-in support groups.
Eligibility / Fee: Variable, services covered by some insurance including Central California Alliance for Health & Medi-Cal, support groups free.
Languages Spoken: English & Spanish; AT&T Language Line Service Translators for all languages.
Area Served: All of Santa Cruz County.

SUTTER MATERNITY & SURGERY CENTER - Birth Center, Medical & Surgical Services
2900 Chanticleer Ave. | Santa Cruz, CA 95065 477-2200
Website: http://www.suttersantacruz.org/
Services: Inpatient/outpatient testing, labor & delivery, pre- & post-partum mother and newborn care. Weekly drop-in group for mothers with babies birth to 6 months old; Perinatal Wellness support group; CPR & infant massage; lactation center - individual and group support, pump station; medical/surgical care.
Eligibility / Fee: Medi-Cal, insurance, cash; support group free
Language Spoken: English & Spanish; AT&T Language Line Service Translators for all languages.
Area Served: All of Santa Cruz County.

VALLEY CHURCHES UNITED MISSIONS
9400 Highway 9 | Ben Lomond, CA 95005 336-8258 Fax: 336-5689
Mailing Address P. O. Box 367 | Ben Lomond, CA 95005
Website: www.vcum.org
Services: Emergency food pantry, information & referral services, Emergency rental assistance, gas and food vouchers, limited utilities & medical assistance.
Eligibility / Fee: San Lorenzo/Scotts Valley or adjacent unincorporated area resident or homeless, no fee.
Languages Spoken: English, limited Spanish.
Area Served: San Lorenzo Valley, Scotts Valley.

VOUCHER PROJECT / SCC PARENTS ASSOCIATION
9047 Soquel Dr., Suite D | Aptos, CA 95003 688-2152 fax: 688-2156
Website: www.voucherproject.org
Services: Payment assistance for child care services for eligible families; resource and child assessment assistance, book & video lending library. Child care providers must be licensed or licensed exempt.
Eligibility / Fee: Based on income and family size, possible share of cost, waiting list.
Languages Spoken: English & Spanish
Area Served: All of Santa Cruz County.
WALNUT AVE. WOMEN'S CENTER
303 Walnut Ave. | Santa Cruz, CA 95060 426-3062 Fax: 426-3070
Website: www.wawc.org 24 hour Domestic Violence Hotline 866-269-2559
Services: Domestic violence / child abuse prevention & intervention, subsidized child care, teen mothers program, food bank, women’s work center & clothing closet, parenting & exercise classes, breast cancer prevention/support groups.
Eligibility / Fee: None, fee for exercise classes only.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

WATSONVILLE COMMUNITY HOSPITAL
75 Nielson Rd. | Watsonville, CA 95076 Maternity Unit: 761-5611
CPS - Perinatal Services Sweet Success: 763-6015
Website: http://www.watsonvillehospital.com
Maternity Services - CPS: Comprehensive perinatal support services, including Sweet Success program for gestational diabetes, Level II intensive care nursery; Baby Talk – mother infant support group, Wed. 10:00a.m. – 12:00p.m
Eligibility / Fee: Medi-Cal, insurance, private pay
Languages Spoken: English & Spanish.
Area Served: Santa Cruz & North Monterey Counties.

WATSONVILLE COMMUNITY SCHOOL
221 Airport Blvd. | Watsonville CA 95076 722-9419
Services: High school classes, child development and parenting education; counseling in career and personal development. On-site child care provided during school hours for eligible students.
Eligibility / Fee: Pregnant and/or parenting teens; must be under 19 years old to begin program.
Languages Spoken: English/Spanish.
Area Served: Santa Cruz County

WATSONVILLE HOSPITAL LACTATION CENTER - Watsonville Community Hospital
75 Nielson Rd. | Watsonville, CA 95076 763-6015
Services: Breastfeeding support, breastfeeding pumps, support services for Alliance mothers, referrals to other needed services.
Eligibility / Fee: Alliance/Medi-Cal, private insurance, private pay
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County.

WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM - Community Bridges, Inc.
1105 Water St. Santa Cruz, CA 95062 426-3911 Fax: 426-0437
18 W. Lake Ave. Suite A Watsonville, CA 95076 722-7121 Fax: 722-8532
Website: https://communitybridges.org/wic/
Services: Supplemental food coupons, nutritional assessments, education and counseling, Regalo de Amor Lactation Center, classes, referrals to medical care and other social services, and breastfeeding counseling.
Eligibility / Fee: Santa Cruz County/95076 zip code resident; no fee.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County / 95076 zip code.

YOUTH SERVICES
709 Mission St. Santa Cruz, CA 95060 429-8350 Fax: 425-1526
241 East Lake Ave. Watsonville, CA 95076 688-8856 Fax: 728-3629
Answering service after 5pm: 429-8350
Website: http://www.encompasscs.org/youth-services/youth-services
Services: Individual and group counseling services to adolescents and families, drug treatment, parent support groups, school presentations by peers. Employment services for youth and adult. Sueños program for youth.
Eligibility / Fee: Sliding scale, Medi-Cal for 8-week intervention group only.
Languages Spoken: English & Spanish.
Area Served: All of Santa Cruz County