

County of Santa Cruz

HEALTH SERVICES AGENCY

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Health Services Agency Invites the Public to Celebrate National Public Health Week

(Santa Cruz, CA) – What makes a community healthy? What do public health workers do? And what role can residents play in making Santa Cruz County a healthy, safe and vibrant community for everyone?

Santa Cruz County Health Services Agency invites the public to consider these questions during National Public Health Week (NPHW), April 4 to 10. For more than two decades, the American Public Health Association has organized this nationwide celebration to recognize public health workers and educate communities about the role of public health departments. Events include:

- April 1 to 30: **Public Health in Action Art Show** at 701 Ocean Street. This "living billboard" display captures how Santa Cruz County community members are joining the movement for healthy change by making healthy food choices and being active every day.
- Thursday, April 7, 6:30 to 8:30 p.m.: **Healthy Eating/Active Living Film Night** at the Nueva Vista Community Center in Santa Cruz. This free community event will include short Spanish-language films about healthy living, healthy food samples, a mini Zumba class, and a question-and-answer session with a bilingual dietician.
- There will also be an Incident Command Systems training for County employees, an Open House at the California Children's Services Medical Therapy Unit, and Health-and-Safety recognition events at the Capitola, Santa Cruz, Scotts Valley and Watsonville City Councils. For a full schedule, please go to www.SantaCruzHealth.org/NPHW.

We hope you will help us to spread the word about these events and encourage the public to learn more about their local Public Health Department.

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