### Hepatitis A Virus Infection: Stop the Spread

#### Why should you care about Hepatitis A?
If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease or serious illness. In 2017, Hepatitis A has caused 4 deaths in San Diego County.

#### How does it spread?
- Touching objects or eating food that someone with Hepatitis A infection has handled
- Having sex with someone who has a Hepatitis A infection
- By the fecal-oral route (when an uninfected person ingests food or water that has been contaminated with even a tiny or microscopic amount of feces from an infected person)

#### How can you prevent Hepatitis A?
- Get the Hepatitis A vaccine
- Don’t have sex with someone who has Hepatitis A infection
- Use your own towels, toothbrushes, eating utensils, or other personal items
- Don’t share food, drinks, or smoke with other people
- Wash your hands frequently, especially after using the bathroom or changing diapers, and before handling food

#### Symptoms
Fever, Fatigue, Nausea, Vomiting, Loss of Appetite, Stomach Pain, Jaundice (yellowing of the skin or eyes), Dark Urine, Pale Stools, Diarrhea

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Protect yourself from Hepatitis A Viral Infection!

Hepatitis A Virus Infection is on the rise in Santa Cruz County.
Hepatitis A can be prevented with a safe and effective vaccine.
Visit the below locations and ask for Hepatitis A vaccine.

Questions: Contact the Public Health Nurse’s Line at (831) 454-4114
www.santacruzhealth.org/hepa

Santa Cruz Health Center
1080 Emeline Ave. Santa Cruz, CA
(831) 454-4100
Mon-Fri 1:30pm-4pm

Watsonville Health Center
1430 Freedom Blvd, Suite D,
Watsonville, CA (831) 763-8400
Mon-Fri 1pm-3:45pm

SSP Emeline Exchange
1080 Emeline Ave. Santa Cruz, CA
Monday 9am—12pm
Tuesday 5pm—7pm

HPHP Coral Street Clinic
115-A Coral St. Santa Cruz, CA
(831) 454-2080/toll-free: (866) 731-4747
Monday—Thursday 8am—12pm, 1pm—5pm
Friday 8am—12pm, 1pm—3pm

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