

# Leadership Team



**Kathleen Condon Psy.D., Director  
Clinical Psychologist**

Passionate proponent of the integrated model of care. 20+ years clinical and leadership experience; she tells everyone who will listen that this is her dream job, and she leads a dream team. Works with all ages; expertise in trauma, pain, geriatrics. Avid about dance, gardening and home improvement.



**Dimitri Bacos MD, Medical Director**

Board-Certified Psychiatrist. High school English teacher (Peace Corps in Romania, Boston charter school). Medical school Tufts University, residency USC. Several locums contract positions prior to Santa Cruz. Transitioned to permanent after 1 year. Promoted to IBH Medical Director May 2017. Hobbies include backgammon, tennis and squash

# Leadership - MAT



**Danny Contreras, MAT Health Services Manager  
Emeline Clinic, HPHP, Watsonville Health Center**

With abundant life experience, education, and training in substance use issues, Danny was the recipient of both the 2017 County of Santa Cruz Gold and the Barrios Unidos Ernesto Macias Barela Resilience awards. He is considered a subject matter expert on medication assisted treatment and regularly provides presentations and consultation services to clinics, agencies, schools, and other organizations involved with at-risk youth, incarceration, re-entry, gangs, homelessness, etc. Danny's experience and education put him in a unique position to help people on their journey to healing, just like the saying, 'Hurt people, hurt people but healed people heal people!'

# IBH Supervisors



**Jorge Duque, LCSW**  
**Homeless Persons Health Project,**  
**Watsonville Health Center**

Solution-focused social worker with 13 years of experience in public mental health. BA & MSW at UC Berkeley. bilingual, bi-cultural, with IBH since 2016. Areas of experience/interest: Motivational Interviewing, EMDR, Cognitive Behavioral Therapy, Substance use disorders, Social Justice. Works with 18+.



**Molly Long, LCSW**  
**Watsonville Health Center, Emeline Clinic, HPHP**

Molly earned her Masters degree in Social Work at the University of California at Los Angeles in 2004 and has been licensed in the state of California since 2009. Molly works with teens and adult clients suffering with mood and anxiety issues, as well as unresolved trauma. She uses a variety of clinical modalities in her practice, such as CBT, Narrative Therapy and EMDR.

# IBH Supervisors



**Jennifer Talbot, LCSW**

**Homeless Persons Health Project, Emeline Clinic**

Licensed since 2004, worked in the field since 1995.

Expertise in mindfulness and trauma treatment. I believe that movement is the best medicine.

# IBH Prescribers



**Blythe Ballaao, PMHNP-BC**

**Emeline Clinic**

**Psychiatric Nurse Practitioner Board Certified**

Experience working with Veterans with cardiovascular disease, alcohol use disorder, and PTSD. Areas of interest include integrative medicine, substance use disorders, and trauma.



**Michael O'Connor, PMHNP**

**Homeless Persons Health Project, Emeline Clinic**

Experienced working in Crisis Stabilization and Primary Care psychiatry. Specialty/focus areas include trauma, substance use disorder and health care for people who are homeless, and has been teaching Mindfulness Meditation for over 10 years. Michael's role is to focus on evaluation and recommendation of psycho-pharmacological treatment or medication, in conjunction with other treatment modalities.

# IBH Prescribers

**Jomar Suarez, MD**

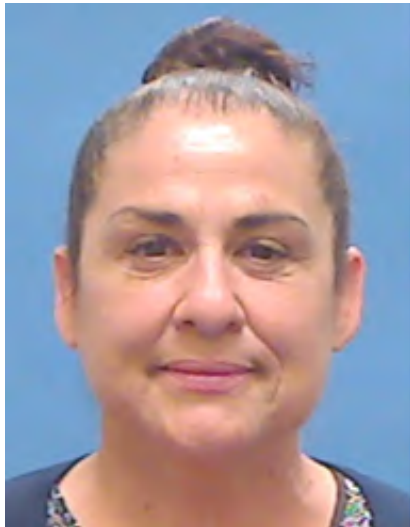
**Watsonville Health Center**



Dr. Suarez is psychiatrist trained at the University of Colorado, certified by the American Board of Psychiatry and Neurology. He has a strong interest in neuropsychiatry and integrative/functional medicine and a background in molecular and clinical research. Highly sensitive to the needs of diverse patient populations and passionate regarding issues of social advocacy and community development, Dr. Suarez is a firm believer that all dimensions of human life must be harmonized for true healing to take place.

**Jacqueline Gregory, Ph.D., FNP-C, PMHNP-BC PHN**

**Watsonville Health Center**



Board Certified PMHNP specializing in treating PTSD/trauma, anxiety disorders, and depression. She brings human-centered, evidence-based medication management, psychotherapy, and an enduring commitment to personalized and comprehensive, tailored mental health care for all patients. Her objective is to provide culturally congruent, holistic psychiatric health care to the rich and diverse population of Watsonville.

# IBH Therapists

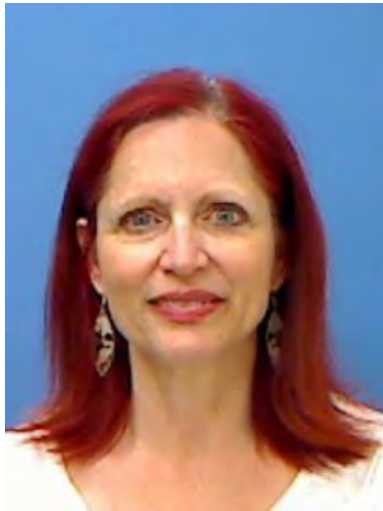
## **Dan Model, Psychologist**

### **Emeline Clinic**



Dan has worked in the mental health field for 25 years. He is a Licensed Clinical Psychologist with more than 15 years of experience working for Santa Cruz County. Dan provides both direct service to clients, as well as being involved in quality improvement, data gathering, program evaluation, and tracking patient referrals to IBH, making sure clients don't fall through the cracks. His hobbies including studying and promoting local Santa Cruz history and playing disc golf.

# IBH Therapists



**Lori Brown, LCSW**

**Emeline Clinic**

I've worked in the mental health field since graduating from UC Berkeley in the 1980s. Settings include employee assistance programs, inpatient psychiatry, psychiatric emergency services, and private practice. I've always opened my doors to adults with a diversity of presenting problems, levels of functioning and struggles with mood, addiction, and trauma histories. Going on 6 years at the Emeline clinic, I am committed to providing top notch behavioral health services tailored for you.



**Cathy Wilkie, Ph.D., Clinical Psychologist**

**Emeline Clinic and Watsonville Health Center**



# IBH Therapists



**Kirsten Juel, LCSW**

**Emeline Clinic, Homeless Persons Health Project**

I've been with the County of Santa Cruz since 2014 and believe C.S Lewis when he writes "Hardships often prepare the most ordinary people for an extraordinary destiny". There can be a purpose to our pain, and therapy can help us untangle the web of the mind that keeps us stuck. My areas of expertise include the family disease of addiction, women's issues, incarceration and reentry, shame and vulnerability, anxiety, trauma and recovery, Postpartum Mood and Anxiety Disorders (PMAD), Eating Disorders (ED), Body Image issues and Obsessive Compulsive Disorder (OCD). I use Acceptance and Commitment Therapy (ACT), Compassionate Inquiry, Radical Self Compassion, humanistic, feminist, relational, and spiritual psychology to come alongside people, mirror their here and now, and identify their inherent strength and wisdom.

# IBH Therapists

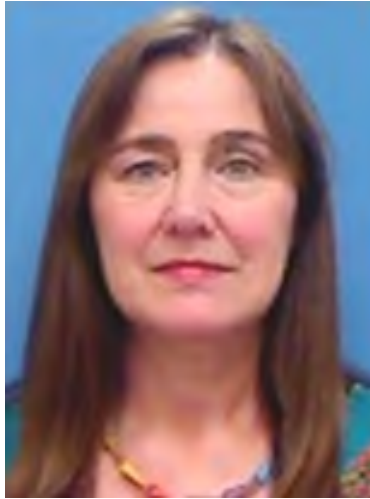
**Melinda Martindale, LCSW**

**Watsonville Health Center, Emeline Clinic**



15 years' experience in social services. I work with adults in all areas of relationships--my favorite is walking with a person on the journey to their natural, authentic self. I like humanistic, holistic approaches to healing but also use CBT, mindfulness and supportive psychotherapy--meeting a person right where they are on any specific day. I work with dual-diagnoses' addiction, depression, anxiety, trauma and all matters of this thing we call 'the human condition.' I'm a mother, was a single mother, now a step-mother, grandmother, a lover of nature and a survivor of this 'human condition.'

# IBH Therapists



**Laura De La Rosa, LCSW**

**Watsonville Health Center**

35+ years' social work experience in clinical and medical settings. BSW University of Cincinnati, MSW San Jose State University. Areas of clinical focus include Cognitive Behavioral Therapy, grief work, substance use treatment, mindfulness practices, group work and trauma work/EMDR. Client age range includes older adolescents and adults.



**Jennifer Sredniawa, LCSW**

**Emeline Clinic, Watsonville Health Center**

I have worked in the social work/mental wellness field for over a decade in various settings such as the VA Medical Center, in Children's and Adult Behavioral Health, Acute/Crisis services, and the Child Welfare system. Witnessing people learn, grow, and heal is incredibly powerful and rewarding. Areas of interest/experience include trauma, addiction, dual diagnosis, depression/anxiety, codependency, self-esteem, and relationship challenges.

# IBH Therapists



**Joel Stiles, Ph.D., Clinical Psychologist, Bilingual  
Watsonville Health Center**

In the field of psychology since 2001. Areas of interest, expertise: Anxiety, Depression, PTSD, sexual trauma, family therapy, parenting skills, developmental issues, and substance use issues. Works across the life span, children.



**Julie Laurent, LCSW, Bilingual  
Watsonville Health Center**

I am a generalist practitioner, with experience in healing informed interventions in areas of child welfare, substance use, and trauma. I have maintained a circular migratory pattern between the Midwest and CA and have a passion for travel and the ocean. Lastly, I am an advocate for humor, social justice, health equity, and ecological feminism and sustainability!

# IBH Therapists



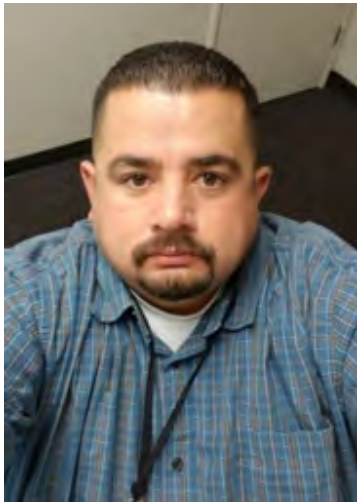
**Nancy Nguyen, LCSW**  
**Homeless Persons Health Project**

# IBH Staff-MAT



**Alejandro Monroy, CDAC, MAT Case Manager, Bilingual  
Watsonville Health Center**

20+ years providing counseling and prevention services in Santa Cruz County. I attended Cabrillo College and completed the human service program in 2006 and am certified in curriculums such as Thinking for a Change, MOAB, 7 Challenges, MIT, Cara y Corazon, Joven Noble, and CAT-C. I love to spend time with my three kids and wife, dancing to Latin music, singing, and running.



**Andres Galvan, CADCC II, SUDCC II, MAT Case Manager,  
Bilingual, Watsonville Health Center**

Drug and alcohol counselor in Santa Cruz since 2007. Experienced providing substance use disorder services and DUI counseling in outpatient and methadone clinics and residential treatment programs for adults and adolescents. Certified Drug and Alcohol counselor through California Consortium of Addiction Programs and California Association of DUI Treatment Programs. Born and raised in Watsonville, I enjoy playing softball and coaching youth football and baseball when I'm not spending time with family.

# IBH Staff-MAT



## **Marissa Hernandez CADC-II, Emeline Clinic**

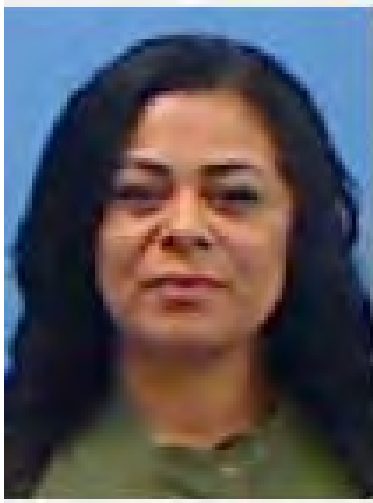
Certified Alcohol and Drug Treatment Counselor with over 15 years experience working in Substance Use Disorder treatment programs. Prior to working for the Medicated Assisted Treatment Team, I began working for County of Santa Cruz Adult Mental Health in 2016 and am currently pursuing a Bachelors Degree in Psychology. I have a passion for helping those in need of treatment and am honored to be a part of a collaborative team like Integrated Behavioral Health.



## **Jose Fernandez, SUDCC III, MAT Case Manager Emeline Clinic**

Graduated from CSU Monterey Bay with a B.A. in Social and Behavioral Science. Certificates in Drug and Alcohol studies and Human Services from Cabrillo College. California Substance Use Certified Counselor (SUDCC, III). Always had a desire to work with marginalized communities which led me to enter the field in 2013. Areas of specialty and interest include substance use treatment, CBT, motivational interviewing, individual counseling, and group facilitation. BBQ Grill master, Gardener, and BJJ Black Belt.

# IBH Staff-MAT



## **Angelica Torres, MAT Case Manager, Bilingual Homeless Persons Health Project**

Angelica has over 20 years providing substance use disorder services to different marginalized populations. She is certified as a Substance Use Certified Counselor (SUDCC II) from California Association of DUI treatment Program (CADTP). She has worked in a variety of different modalities and treatment facilities such as: Janus main and perinatal, Encompass's Santa Cruz Residential, and the Camp Recovery Center. She has a passion for helping people and advocating for them to get services.



## **Gabriel Tapia, SUDCC II, RAS II, MAT Case Manager, Bilingual Watsonville Health Center, Emeline Clinic**

Providing SUD and co-occurring counseling services since 2011. Experienced in residential services with Encompass, serving the underserved population of Santa Cruz County in advocating for their needs, instilling hope, and encouraging belief in greater possibilities.

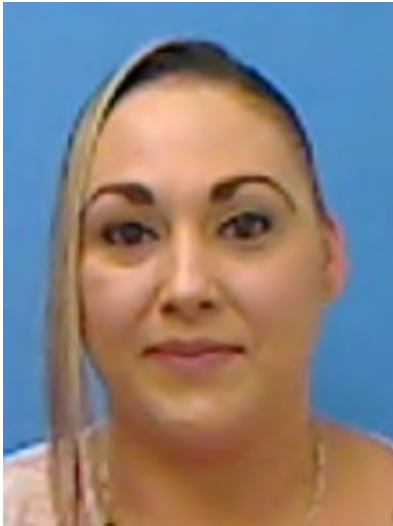


# IBH Medical Assistants



**Yvette Tavera, MA, Bilingual**  
**Watsonville Health Center**

Medical Assistant for almost 20 years in the Santa Cruz community. With the County of Santa Cruz for 9 years, previously in Pediatrics at the Watsonville Health Center. With IBH four years, helping staff in both South and North county. A passionate advocate for kids and all people with special needs.



**Shannon Shakespeare Leon, MA, Bilingual**  
**Emeline Clinic**

I have been a certified medical assistant for 7 years in the Santa Cruz community, primarily working in OBGYN and Family medicine. I have been with County of Santa Cruz for 4+ months working with the staff in North County, and learning from those in South County. I enjoy working people in need of additional care and services, both children and adults.

# IBH Medical Assistants



**Elizabeth Jacobo, MA, Bilingual**

**Emeline Clinic, Watsonville Health Center**

Certified bilingual Medical Assistant for the past six years. Joined IBH in 2020, working with patients from North and South County. Dedicated, centered individual who believes in uplifting clients and serving our community.

# IBH/MAT Medical Assistants



**Rosie Saldivar, CMA, Bilingual**  
**Watsonville Health Center**

Certified Medical Assistant working for the County of Santa Cruz Clinics Division for 15 years. Recently joined MAT/IBH Team in 2020. Passionate about advocating for patients and assisting them navigating their healthcare system.



**Cindy Garibay, MA, Bilingual**  
**Emeline Clinic**

Medical Assistant for 7 years in the Santa Cruz Community. Formerly with specialty offices for Optometry, Cardiology, ENT, Internal Medicine. Currently with the County for MAT/IBH. I am absorbing a lot in this capacity and enjoy adapting to new environments and learning new concepts. In my spare time I enjoy spending time with my family.

# IBH Staff-WPC

**Jennifer Bailey, LMFT**



**Emeline Clinic, Watsonville Health Center**

Since 2000 I've served various populations throughout Santa Clara and Santa Cruz counties, advocating for at-risk youth and families. In my current role as Whole Person Care Case Manager, I am able to help vulnerable individuals experiencing homelessness through client-centered advocacy while connecting them to community-based resources and clinic services. I feel very passionate about this job and supporting others to be able to live a more safe and fulfilling life.

**Craig Murray AMFT**



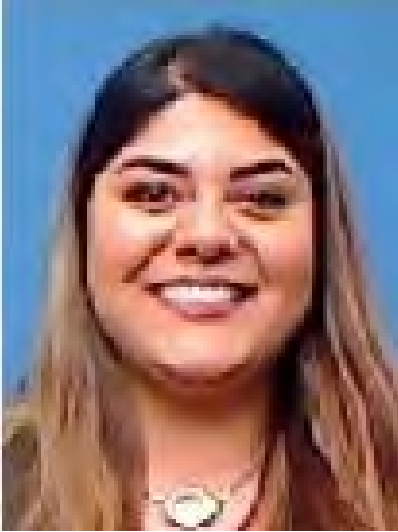
**Emeline Clinic, Watsonville Health Center**

After years of fitness and nutritional counseling, discovered a love for helping people to experience life-changing realizations and insights that bring about positive, lasting change in all aspects of life. MA in counseling psychology. Craig has dedicated his life to helping support clients in overcoming trauma, addiction and life obstacles, so that they may achieve their goals of health and happiness and create a positive future for themselves.

# IBH Staff-WPC

**Olivia Vallejo, Care Coordinator**

**Watsonville Health Center**



Olivia Vallejo attended Cal State Monterey Bay for undergraduate studies in Psychology. She worked for Monterey County's non-profit organization Interim Inc. where served in a variety of different settings within the mental health field. Olivia is now working toward attaining an MSW degree from San Jose State University. She currently finds fulfillment working with other members of the Care team to secure continuity of care for patients within the primary care setting. She knows how important it is to help patients get the best care possible in the best setting for the individual. Olivia's favorite aspect of working as part of the Santa Cruz Counties Behavioral Health team is collaborating with a robust team of partner agencies as well as interacting with patients and their families regularly. In her private time, Olivia enjoys spending time with her two dogs and close friends in nature.

# IBH Staff-Administrative Aide



## **Kyhiera Miller, Administrative Aide**

A central coast local, I'm an advocate for our community and its limited resources but also also just an artist and fellow traveler who values integrity, equity, kindness, and conservation. I bring a broad range of experience and education and am grateful to have landed with IBH--it feels like home!